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A NOTE FROM OUR EXECUTIVE DIRECTOR:

YOUR SUPPORT MAKES LIVES BETTER!

I am very pleased to share how your generous support of Anchorpoint Counseling Ministry makes lives better. Your gracious gifts of time, talent, treasure, testimony, and prayer help individuals and families find hope amid difficult circumstances and life challenges. Thank you for valuing what makes this mission so special!

Your support ensures that above-and-beyond care is accessible to all neighbors. Your help provides compassionate services that are driven by faith and family focused. And your growth minded investments create healthier individuals/families and a stronger network of caring professionals.



"My counselor is amazing. She helped me through the darkest time in my life." -Client, age 69

"Counseling helps me evaluate my own thoughts and decisions and helps me focus on what I need to give myself and other people." -Client, age 16

In the following pages, you will discover how your support made lives better in 2023. With your help, almost 1,000 neighbors benefitted from life-improving counseling, tutoring/mentoring, support groups, and outreach services!

I am very thankful for you and your gifts to this mission!

With deep gratitude,

Mark Meinlockel

Mark Heinbockel, MSW

Executive Director, Anchorpoint Counseling Ministry



"I have better insight into my children's abilities and limitations, and how to advocate for their education in school. My kids' reading, handwriting, focus, and effort have all improved thanks to the tutoring program!"

-Parent of Tutoring Students

99 TOTAL SUPPORT AND THERAPEUTIC GROUP SESSIONS HELD IN 2023









16 SESSIONS

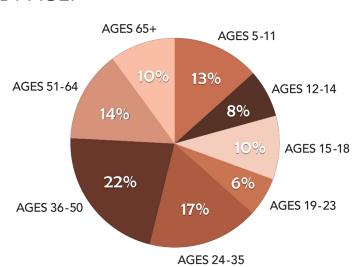
2 SESSIONS



ANCHORPOINT'S COUNSELING IMPACTS

816 Clients Counseled in 2023

BY AGE:

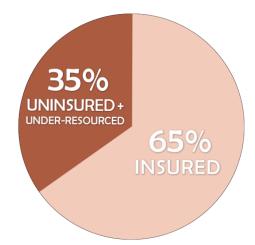


BY TOP CONCERNS:



- **DEPRESSION**
- MARRIAGE, DIVORCE & RELATIONSHIP ISSUES
- **ANGER**
- **GRIEF & LOSS**
- **FAMILY ISSUES**
- TRAUMA & ABUSE

BY FINANCIAL NEED:



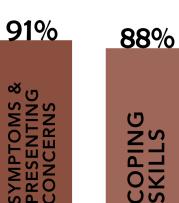


COUNSELING CLIENTS IMPROVED IN THE FOLLOWING AREAS:

95% SIGH.









73% SELF-CONTROL

ANCHORPOINT'S TUTORING IMPACTS

60 Students Tutored in 2023

Grade Level



Tutoring Sessions Conducted



SCHOOLS ATTENDING ANCHORPOINT:

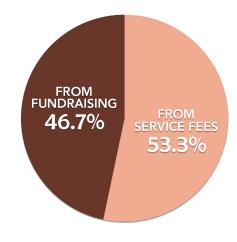
PUBLIC SCHOOLS	PRIVATE SCHOOLS
Avonworth	Aquinas Academy
Hampton	Eden Christian Academy
North Allegheny	Holy Cross Academy
North Hills	Kolbe Academy
Pine Richland	Northside Catholic
Pittsburgh Public	St. Stephen's Academy
Shaler	

23 TOTAL VOLUNTEERS AND TEACHERS:



2023 FINANCES

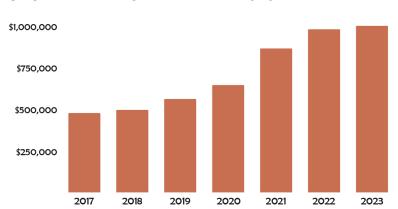
INCOME BREAKDOWN:



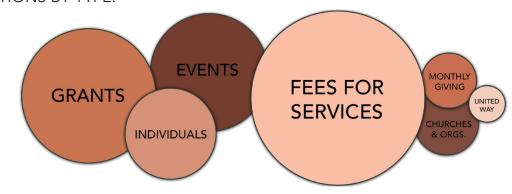
EXPENSE BREAKDOWN:

84% PROGRAM | 9% ADMIN | 7% FUNDRAISING

GROWTH REFLECTED BY EXPENSES:



CONTRIBUTIONS BY TYPE:



THANK YOU FOR SUPPORTING FAMILIES IN NEFD!

The following lists acknowledge donors who gave between Jan. 1, 2023 and Dec. 31, 2023. Payments for event tickets, registrations, auctions/raffles, and services are not included. We sincerely regret and wish to be made aware of any errors or omissions. Thank you for giving so generously to help families in need!

Contact: Emalee Sekely, 412-366-1300 ext. 104, esekely@anchorpoint.org

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