

2022 ANNUAL REPORT
ANCHORPOINT
COUNSELING MINISTRY



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& PROMOTING **HEALING**

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- Mark Heinbockel, MSW
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- Jennifer Regester, LCSW
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- Rebecca Freyvogel, MEd
Tutoring Program Manager (Sept. 2022 - Present)
- Leanne Bentz
Tutoring Program Assistant



A NOTE FROM OUR EXECUTIVE DIRECTOR: BUILDING A STRONGER “ANCHOR” FOR OUR COMMUNITY

“We have this hope as an anchor for the soul, firm and secure.”
–Hebrews 6:19 (NIV)

This Bible verse was the inspiration for the name change to “Anchorpoint Counseling Ministry” in 2009. With the storms and headwinds we are now facing in our communities, I think it is a fitting time to reflect on its meaning.

This is a challenging time to navigate through life. Our youth are growing up in a dramatically different landscape. Our families are facing new difficulties and stressors. Our seniors are feeling more isolated and alone.

The needs for supportive, caring, and personalized services have never been greater. With your help, Anchorpoint is innovating and expanding critical services to provide more steadiness, security, and refuge for neighbors in need. Your support is strengthening this community resource in many ways:




“Counseling lets me honestly open up about what I’m going through to another human being who will truly listen.”
-Client, age 69

“[This process] is helping me learn how to love myself more and to be proud of who I am.” -Client, age 22

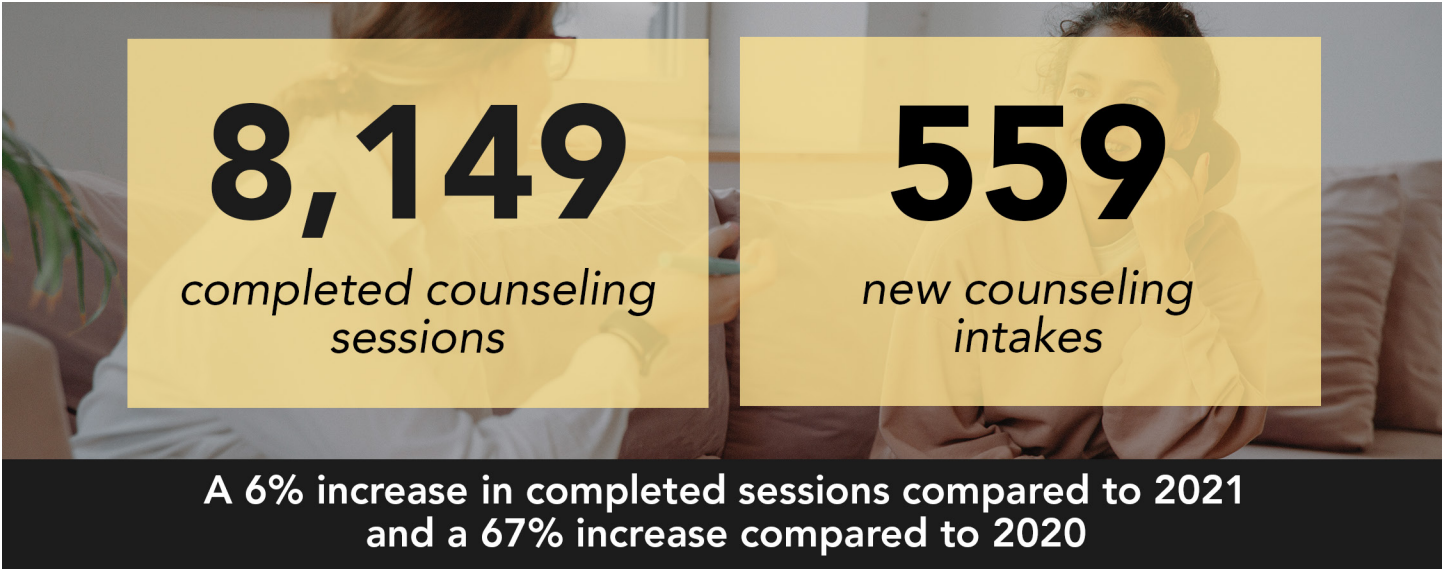
- Youth are benefiting from enhanced play therapy and family therapy services.
- Under-resourced families are receiving services at low-fee counseling clinics in Bellevue, Etna, and Millvale.
- Seniors are finding valuable support and social connections through thriving spousal loss support groups.

As you know, Anchorpoint is deeply committed to providing accessible and affordable mental wellness and educational services for all. Thanks to you, everyone in our community can count on receiving the help they need and deserve at Anchorpoint!

With gratitude for your impacts,

Mark Heinbockel, MSW
Executive Director, ACM

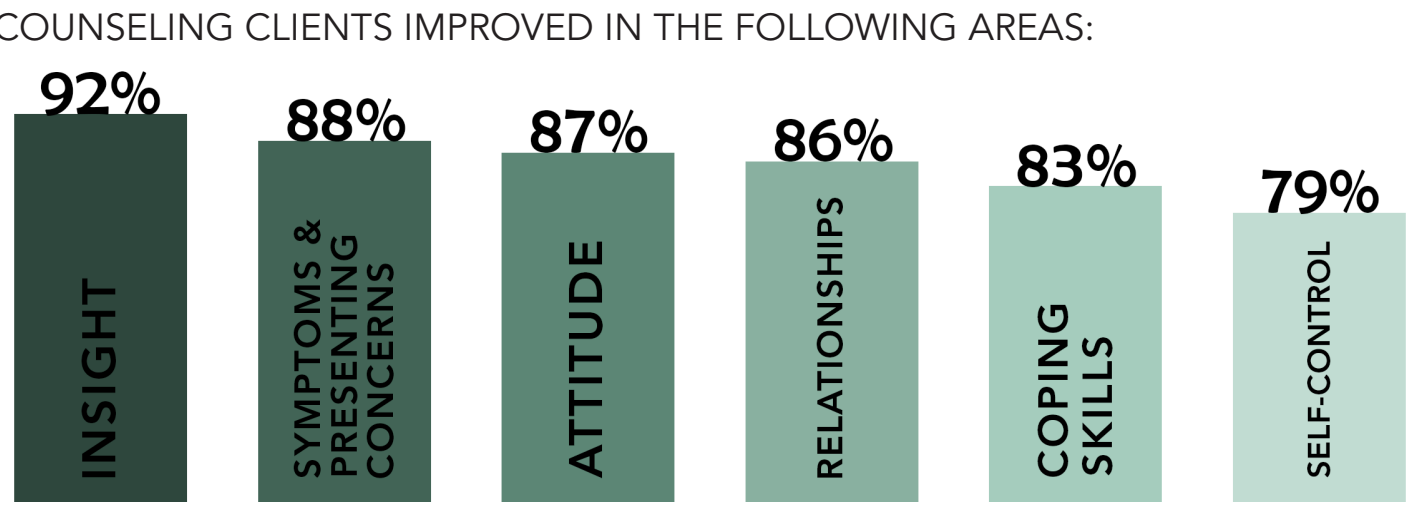
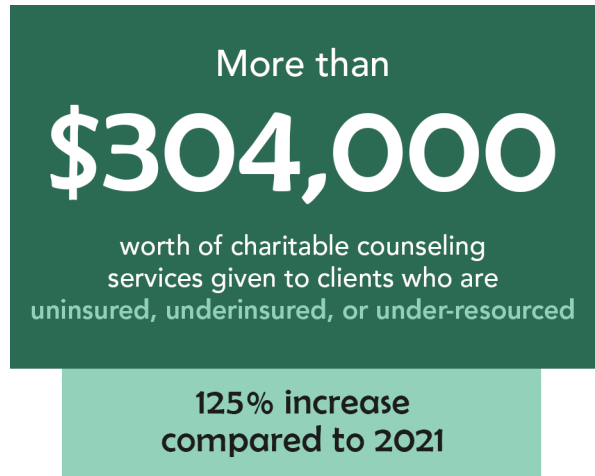
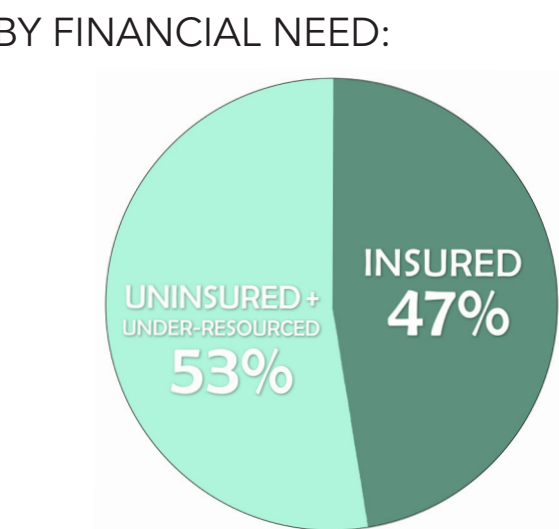
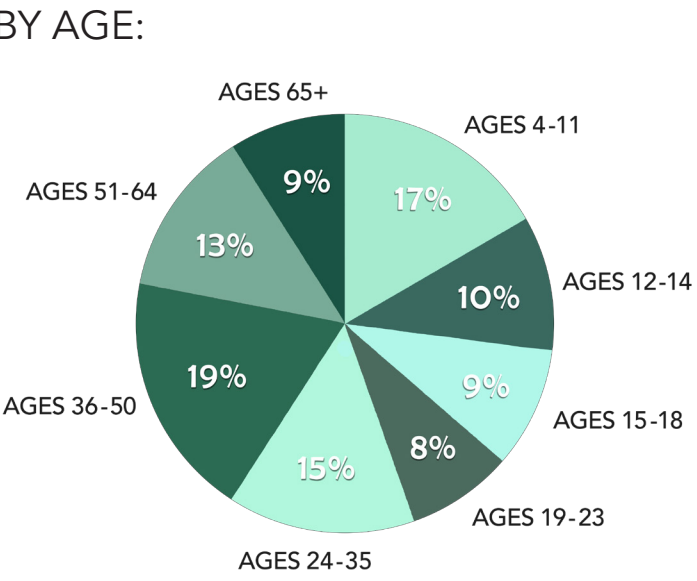


“[The tutoring program] is teaching me better ways of helping my son. He feels more successful because of tutoring and that helps me by taking some of the burden off. [The tutors here] are angels; I want to thank them for loving these kids so much!”
-Parent of Tutoring Student



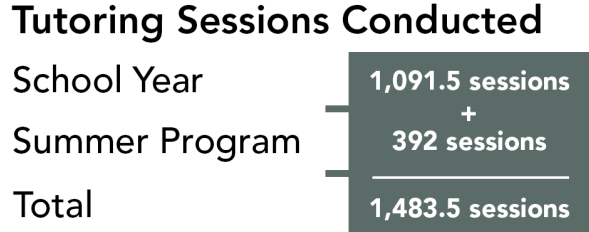
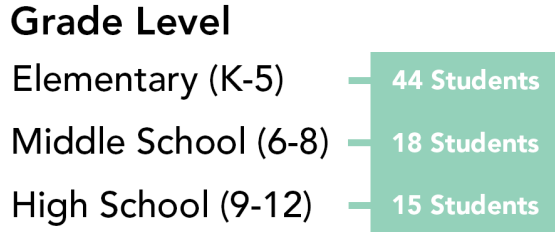
ANCHORPOINT'S COUNSELING IMPACTS

874 Clients in 2022



ANCHORPOINT'S TUTORING IMPACTS

77 Students Tutored in 2022

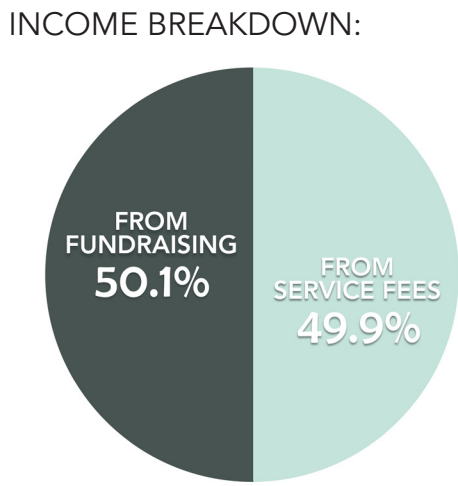


SCHOOLS ATTENDING ANCHORPOINT:

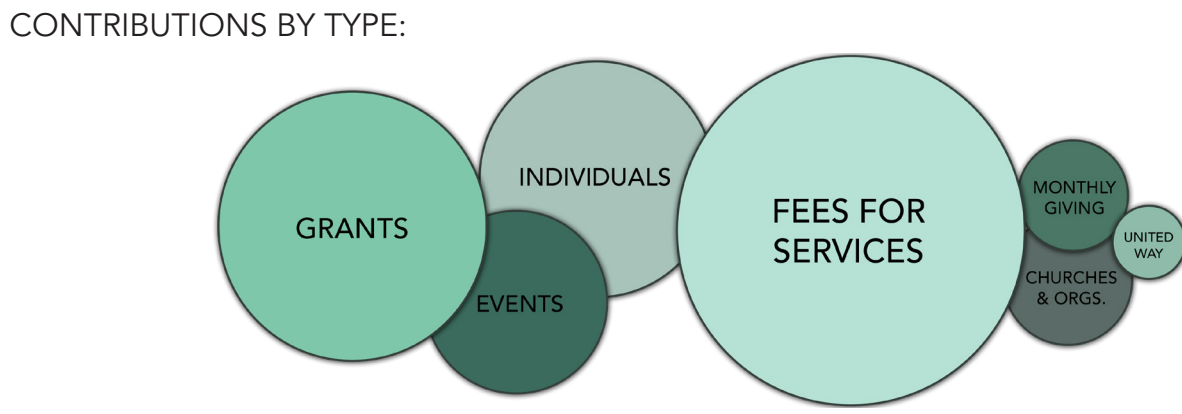
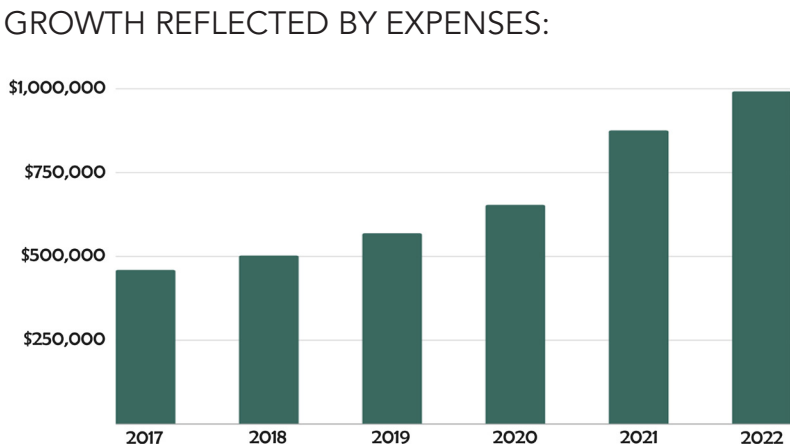
PUBLIC SCHOOLS	PRIVATE SCHOOLS
Deer Lakes	Cyber/Home School
Fox Chapel	Holy Cross Academy
Mars Area	Lincoln Park
North Allegheny	Provident Charter School
North Hills	St. Bede
Pittsburgh Public Schools	
Shaler	



2022 FINANCES



EXPENSE BREAKDOWN:
83% PROGRAM | 7% ADMIN | 10% FUNDRAISING



THANK YOU FOR SUPPORTING FAMILIES IN NEED!

The following lists acknowledge donors who gave between Jan. 1, 2022 and Dec. 31, 2022. Payments for event tickets, registrations, auctions/raffles, and services are not included. We sincerely regret and wish to be made aware of any errors or omissions. Thank you for giving so generously to help families in need!

Contact: Emalee Sekely, 412-366-1300 ext. 104, esekely@anchorpointcounselingministry.org

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In memory of *Sean Amsbury*
by Ryan Strength

In honor of *Tom Baker*
by Kerry Mulhern

In memory of *E. Alan Bates*
by Bonnie Brimmeier

In honor of *Rev. Dr. Ron Barnes*
by: Craig Garver
Mark and Melissa Heinbockel
Frank and Diane Kelly
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Bill and Judy Shipley
Thomson Properties Inc.
Joseph and Diane Zebrine

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by Matt and Naomi Johnson

In memory of *Rev. Keith A. Brown*
by Dean Mullen

In honor of *Betty Eichler*
by Madelin Clements

In honor of *Lisa Feraco*
by Lale Virostek

In honor of *Brian Hardy*
by Cottage Bridge Foundation

In honor of *Mark Heinbockel*
by Peggy Knott

In memory of *Susan P. Kirschler*
by Scott Kirschler

In honor of *Sandy Niekum*
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In honor of *Jan O'Connor*
by Sue Keim

In memory of *Mary Jane Pinkerton*
by John J. Labos

In memory of *Stephen L. Polley*
by Betty J. Polley

In memory of *Mary Louise Postava*
by Alan and Marianne Reed

In honor of *Manny and Mary Schnepf*
by Carol and David Bergstrom

In memory of *Wayne Spence*
by Beth Spence

In memory of *Marilyn Tessmer*
by Joseph and Diane Zebrine

In memory of *Abbey Todd*
by Robert and Lisa Morse

In honor of *Ken Wilkins*
by William and Carole Markus

In memory of *Izetta Wilson*
by Rev. Bill and Cathy Dambach

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“[Counseling] is opening our eyes individually to understand our issues. It's helping us heal a broken marriage, and we are grateful.”

- Anchorpoint Clients in Couples Counseling

MONTHLY GIVERS



30 INDIVIDUALS/COUPLES PARTICIPATED IN MONTHLY GIVING, BECOMING ANCHORS OF HOPE FOR OUR CLIENTS. THESE MONTHLY GIFTS ARE GROUNDING OUR CLIENTS IN SAFER WATERS AND ALLOWING THEM TO ENDURE UNTIL THEIR STORMS HAVE PASSED.

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THANK YOU FOR YOUR CONTINUED SUPPORT

