

ADHD

FRIENDLY PARENTING



Every parent of a child with ADHD has mornings where the first thought is, "I'm completely in over my head." In fact, research shows that, on average, these parents experience significantly greater stress levels than parents of kids without ADHD. We're here to help.

In this group you can learn:

- How the brain of a child with ADHD is different
- Practical parenting tips and strategies for helping your child thrive
- How to set up your environment for success
- Share your experiences with other parents and support one another

Our groups are facilitated by licensed & experienced professionals. *If there are fees: Most insurances are accepted. Payment Plans and Scholarships are also available.* For more information about our services or to register for this group, **please contact Anchorpoint at 412-366-1300.**

ADHD FRIENDLY PARENTING

will meet

Thursdays: 6:30 to 8:00 pm

at Anchorpoint Counseling Ministry

Starting October 3, 2019

Pre-registration is required. Space is limited.

Call 412-366-1300 to register.



ANCHORPOINT COUNSELING MINISTRY

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