

Anchorage Counseling Ministry Presents



Honoring

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Friends Who Bring Hope

FBC Chemical Corporation
Business That Brings Hope

The Schellhaas Family
Family Who Brings Hope

Heritage Presbyterian Church
Faith Community That Brings Hope

Thursday, April 12, 2018 • LeMont Restaurant
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- Hebrews 6:19

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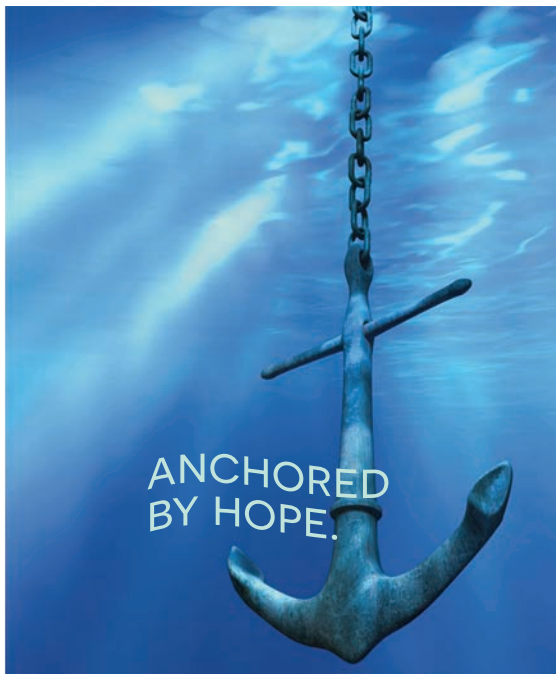
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Anchorpoint Counseling Ministry Presents



Welcome!

This Evening's Program

Cocktail Reception & Hope Auction

Welcome

Jim Ogle, President of the Board of Directors

Hope Scholarship Presentation

Jim Krenn, Emcee

Invocation

Rev. Dr. Ron Barnes, LSW, Executive Director

Dinner

Hope Auction winners will be drawn

People of Hope Awards Presentation

Anchorpoint's Impact on Our Lives

Ed and Linda S.

My Story of Hope

Jim Krenn, Emcee

Thank you!

***We are grateful to those who
made this evening possible.***

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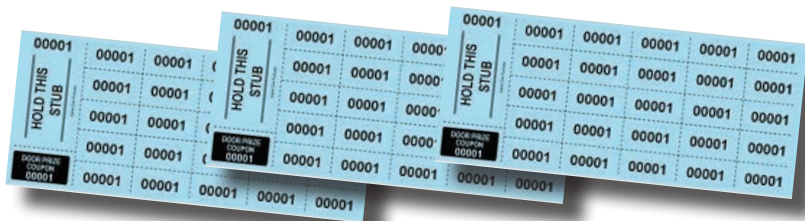
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Hope Auction

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Executive Director, Rev. Dr. Ron Barnes, LSW

People Need Hope

Our faith-based Anchorpoint Counseling Ministry is rooted in the belief that Christianity is servant- focused and communal. The need to serve others was instilled into Christianity by Jesus Christ and the life he lived on earth over 2,000 years ago. Christianity inspires and teaches about the core significance of communal motivation above individual motivation in our lives. Service to others is our way of living hopeful lives and obeying Christ's teaching. Each of us here tonight can and do offer hope to others. This builds community. There are as many stories of building hope as there are people here tonight. We have selected four awardees and are privileged to honor them for all they contribute to our communities. Thank you for being here this evening. Your presence, support, and involvement is another Anchor of Hope. May God bless you in your everyday journey of this hope-filled life we have been given.

Save the Date & Join Us!

Tacos for Tutoring - Tuesday, April 17

Visit the Franklin Inn Mexican Restaurant for lunch or dinner. 20% of your meal will be donated to Anchorpoint Counseling Ministry. Visit our website for a flyer with more details (anchorpointcounselingministry.org).

2018 Golf Classic - Friday, September 14

Enjoy a day of golf, fun and fellowship at Olde Stonewall Golf Club. Golfers, sponsors, & silent auction donors are welcome.

For more information, contact Mark Heinbockel at 412-366-1300 or mark@anchorpointcounselingministry.org



Board President, Jim Ogle

Life is full of challenges!

There is not one of us who has not faced some serious obstacles in our own lives. All of us at some point deal with anxiety, depression, grief, the loss of a parent, the loss of a job, the loss of a pet, the loneliness that comes with different days...or simply the challenges of parenting these little bundles of joy that now have cell phones permanently attached to their hands and real emotions that they wear on their sleeves! Even for the most stable and financially secure, life's challenges can be overwhelming...Now imagine a single parent working two jobs just to pay the bills, with an emotionally challenged child struggling in school.... both with little self-esteem or zero feelings of self-worth. How do they do it? For too many, it's not about their child excelling in school, it's about simply getting through the day and sometimes just surviving. Many have no hope that their situation will change!

Parenting today is hard work. Families need a strong support system to guide them through their many challenges. Anchorpoint has been that support system for kids and families for the last 51 years! Through our tutoring, counseling, and parenting programs we are building hope, confidence and social interaction skills for kids and families that truly change lives. With our sliding scale of payment, we are a beacon of hope to families in financial need. Our dedicated, passionate and faith-based staff helps clients not only work through their current challenges but more importantly, helps kids and parents build a plan and process that will help them in attacking with confidence future challenges in life that we all know are coming!

I thank the staff, the many volunteer tutors, and our wonderful donors for all of your time and support. I don't think there is a more important cause with kids and families than building hope, confidence and a plan to deal with life's challenges! You are all such an amazing group of individuals with a heart for helping families. I am so proud to be part of this organization and count so many of you as friends. Together we are making a huge difference in saving families and saving lives!

Hope
lies in *dreams,*
in **imagination,**
and in the *courage*
of those who **dare**
to make
dreams
into *reality.*

Jonas Salk

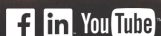


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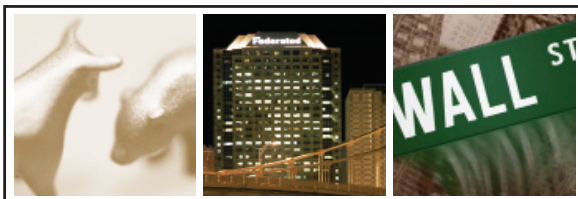
Emcee/Storyteller, Jim Krenn

Jim “Jimmy” Krenn rose from the ranks of stand-up comedians to become Pittsburgh’s premier comedian and broadcast personality, known for his 24-year run as host of the city’s top-rated morning show on 102.5 WDVE FM and for hosting his very own morning radio show on Q92.9FM.

Jimmy has been voted 14 times as the Top Entertainer in the City by Pittsburgh Magazine and nominated by BILLBOARD Magazine as one of the Major Market Personalities of the Year. He makes frequent television appearances, does several standing-room-only concert performances yearly and has performed with the likes of Jay Leno, Howie Mandel, Dennis Miller, Jerry Seinfeld, Richard Lewis, Gilbert Gottfried, Tim Allen and many other nationally known celebrities. Jimmy’s act features a variety of impressions, characters, and anecdotes including his signature take on local Pittsburgh personalities, making him the area’s most popular and beloved performer.



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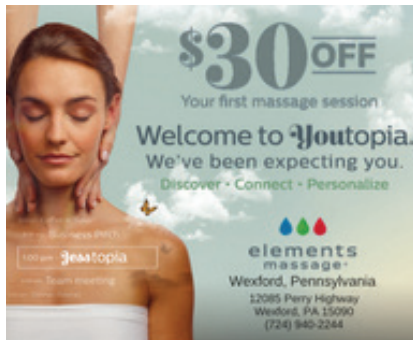
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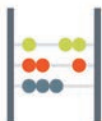
**Your participation enables Anchorpoint
to continue serving our community.
Because of your generosity, we look forward
to our 51st year of ministry.**

**Building hope and promoting healing
and learning through faith-based
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***“We have this hope as an anchor for the soul, firm and secure.”
—Hebrews 6:19***

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Bill & Sandy Lambert

Schellhaas Family

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***Thank you for
Inspiring Hope!***



Meet our 2018 Honorees

Friends Who Bring Us Hope **Bill & Sandy Lambert**

Bill and Sandy Lambert have been married for 36 years and have two wonderful adult daughters, Emily and Kelly. The couple grew up in the same neighborhood of the South Hills of Pittsburgh and have known each other since childhood. Sandy attended Duquesne University where she earned a degree in early childhood and elementary education. Bill studied mechanical engineering at Penn State and completed graduate work at Carnegie Mellon University's Tepper School of Business.

Bill is the Chairman/CEO of MSA Safety, Inc., and serves on the board of directors of Kennametal, Inc. Bill is a former Chairman and Trustee of the International Safety Equipment Association (ISEA) and serves on the Executive Committee of the Manufacturers Alliance for Productivity and Innovation (MAPI). In the community, he has served as Board President and Chairman of the Pittsburgh CLO, as well as the Senator John Heinz History Center. He remains active on the Executive Committees of both organizations, as well as serving on the board of the American Red Cross of Southwestern

Pennsylvania, Carnegie Mellon University's Tepper School of Business, and Penn State Harrisburg. In addition to being involved in these charities, Sandy is the President of the Auxiliary Board of the Woodlands Foundation in Wexford where she has served for the past 15+ years. She is also an Elder at Calvin Presbyterian Church in Zelienople, PA.

The couple enjoys giving back to the community in any way they



can and sees great opportunity and hope in this work. Recently, they contributed to a scholarship fund at the Pittsburgh Ballet Theatre that supports ballet and dance for children from under-resourced families. Just seeing the children engage with these art forms brings them tremendous joy and inspiration. Bill and Sandy also find hope at the Woodlands Foundation where they are able to watch children with disabilities and chronic illnesses participate in activities that others might take for granted. A few years ago they set up the Lambert Family Fund to support new programming at The Woodlands.

Bill and Sandy wish to thank and recognize their friends and colleagues who are examples in giving, including Kim and Curt Fleming, Jill and Craig Tillotson, Barry and Denise Ford, and John and Catharine Ryan.



A Family Who Bring Us Hope **The Schellhaas Family**

The Schellhaas Family is involved in numerous civic, church, and charitable organizations throughout the North Hills. Through these associations and their family business, Schellhaas Funeral Home & Cremation Services, the family is able to witness inspirational acts of kindness daily with volunteers giving time, talent, and money. "But what gives



us hope day in and day out," says Matt Schellhaas, "is being witness to the dedication and service of the many clergy and religious laypersons who care for those going through the strenuous experience of losing a loved one." Over the years, these examples have provided the counsel and guidance that have impacted the Schellhaas family in their own ability to care for families. The family strives to imitate the "many great ministers, pastors, and priests with whom they work side by side." Matt says, "They inspire hope for us and to all of our community." In addition, the family is proud to support Anchorpoint Counseling Ministry and the "impact it has, adding much needed hope."

The Schellhaas clan can not be separated from their family business. A sixth generation business founded in 1855 on Pittsburgh's North Side, Schellhaas Funeral Home & Cremation Services is currently owned and operated by family members Rob, Matt, Drew, and Ryan Schellhaas. Originally a single location in the heart of what was then Allegheny City amongst German immigrants, the funeral home and family have grown and expanded throughout the North Hills with current locations in West View, Franklin Park, and Bakerstown.

Living, working, and volunteering within the communities they

serve is one of the greatest benefits to their work. "After all these years and generations of service, people might be surprised to know that we are still a private, family owned business whose family members actually get along and enjoy working together," says Matt. Also of note is their longstanding logo of a lighthouse, signifying the family "guiding" the bereaved. This opportunity to guide a family through a challenging time, trying to create a meaningful service and offer professional care the same way the would want their own families to be treated, is what makes the brothers' careers so fulfilling.



The Schellhaas Family regularly attend and contribute through the Anchorpoint Golf Classic.

Individual members of the family enjoy various outdoor activities, especially fishing, in addition to hunting, golf, music ensembles, coaching youth athletics, and rooting for Pittsburgh sports teams, Steelers, Penguins & Pirates, and our alma maters of West Virginia & Penn State.

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Congratulations to my friends:

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Bill Dambach

A Business That Brings Us Hope **FBC Chemical Corp.**

"The story of FBC begins in 1922 on a kitchen table in what was then known as Czechoslovakia" explains David Hudac, "where my dad was born. He was a sickly boy whose joint problems had doctors considering amputating a leg, but his parents would have none of it and the family immigrated to the USA where doctors performed surgery, again on the kitchen table, to remove his tonsils, which had caused the infection." After that the young Hudac embarked on the American dream. He played college football, graduated from St. Vincent College with honors, and joined the Army Air Corps

where he flew over 110 missions during World War II. After falling for a cute girl who worked in a plant making turrets named Agnes Palsa, they married and began procreating the world with Hudacs.

Seven surviving sons later, and on the fast track with Dow Chemical Corporation, his father decided not to take a promotion which would've moved the family to Midland, Michigan and instead with seven whippersnappers and a wife who didn't work, started FBC Chemical in 1968. "Talk about guts! Dad always said it took stupidity, tenacity, and just plain luck, but in those days of idealism, anything was possible and the business flourished," shares David. When people asked his father

FBC CHEMICAL
CORP.



how all that family could work together, he just said it was “productive nepotism”. He was also fond of saying, “Insanity is hereditary, you get it from your kids.”

Unfortunately, he passed from the earth too soon in 1987, leaving the corporation to six sons who had very little business experience. There were two English majors, one History major, one Nutrition major, an Economics major, and one Chemist. “Putting our grief aside, we were inspired by his leadership, and we worked together to build the company we have today with 76 employees and 5 plants. My late

brother, Mike, the only son not to enter the business, became a Jungian Psychoanalyst and had a field day talking about us all.”

This year, FBC chemical is celebrating 50 years in business. There are now 12 Hudac brothers and cousins (who haven’t yet killed each other) working in the business along with 64 other employees. While their father provided the work ethic and the can-do attitude, their mother instilled compassion, faith, and the art of treating people with humility and respect. “We see how those same values resonate with Anchorpoint, who on a daily basis, works tirelessly to provide necessities for many who have not enjoyed the same upbringing as we”, says David. He continues, “Because we feel truly blessed by God, the owners of FBC dedicate a certain percentage of our profits every year for charitable giving.” Each brother gives his share to organizations ranging from soup kitchens, to Catholic seminaries, to women’s shelters, and to symphony orchestras. “Through our association with people such as Bill Dambach and Ron Barnes, we see the endless good work Anchorpoint does to bring hope, and all the Hudacs are proud to be part of it,” concludes David.

FBC Chemical is a generous yearly sponsor of the Anchorpoint Golf Classic.



A Faith Community That Brings Us Hope **Heritage Presbyterian Church**

Located in the Franklin Park area of the North Hills, Heritage Presbyterian Church was founded over fifty years ago in 1964. Since then Heritage Church has been serving God through serving others. Under the current leadership of Pastor Rev. Brian Janssen and an elected Session, this small but mighty church of approximately 120 displays hope-in-practice serving God by serving others. Heritage Church's members look for opportunities to join in where God is at work.

Over the year's many activities have taken place at Heritage Church in response to community needs and the church wanting to show the love of Christ. A long running popular Vacation Bible School program is looked forward to by neighborhood children each summer. A thriving youth



***Rev. Brian &
Lisa Janssen***



group encourages teens to participate in regular activities and mission trips. The Community Playground was added to Heritage Church's property in 2013. The playground is open to the public and all are encouraged and welcome to enjoy it. Heritage began a health and wellness ministry two years ago called Body & Soul which seeks to minister to the wellbeing of the community through healthful practices such as exercise and guest-speakers on topics like self-defense and CPR training.

Heritage enjoys working with many ministry partners locally, nationally and internationally. Heritage participated in the birth of two

Heritage Youth Group volunteering at Anchorpoint's book sale in 2005.



congregations in Franklin Park during the late 80's and early 90's: St. John Neumann Roman Catholic Church and St. Brendan's Episcopal Church. These church families worshiped at Heritage on Saturday evenings in their infancy. North Hills Evening Community Bible Study (CBS), an inter-denominational study of God's Word for all ages, was

established at Heritage and quickly outgrew the church's facilities. Many of Heritage's members continue to attend and volunteer at CBS in its new location at Christ Church at Grove Farm.

In the mid-90's, the church entered into partnership with the Chilumba Congregation in Malawi, Africa, supporting that congregation through prayer, funding, and the exchanging of visitors.

Heritage sends both teen and adult mission teams where needed each year. For example, in Hurricane Katrina's aftermath in 2005, several members traveled to Mississippi to assist in the cleanup. Also due to the hurricane's damage Missionary Expeditors came to Pittsburgh temporarily and worked from the church. This year Heritage will be sending the youth group teens to Mission, Texas to minister to refugee children on the Mexican border through summer camp activities.



Heritage participates monthly in the Bellevue Community Meal

Heritage Volunteers preparing to serve at the Bellevue Community Meal Ministry.



Ministry. Church members prepare a meal, deliver it, serve 60-80 people, and eat together with them. Dinner guests range from the food insecure to those in need of meal-time fellowship. One of the beautiful aspects of this ministry is that members of all

ages are able to serve together.

There are many other ministries near to Heritage's heart including World Vision, Sram Ashram, the Pittsburgh Experiment, Women's Choice Network, North Hills Food Pantry, The Doorway, and, of course, Anchorpoint Counseling Ministry.

Heritage was one of Anchorpoint's founding churches back in 1966 when Anchorpoint was known as North Hills Youth Ministry. Over the past 50 years Heritage has offered assistance in many forms including financially, offering talents, and with volunteers. Church members have also served as Anchorpoint board members and staff. Anchorpoint is also a trusted referral source for members and friends in need.

Heritage's newest partnership with Anchorpoint is through the SPIN for Single Moms support group. Church members prepare a free meal for the moms and their children and then offer babysitting and homework help while the moms participate in a support group led by an Anchorpoint therapist.

The congregation of Heritage Presbyterian Church is honored to be recognized as a Faith Community that Brings Hope. Heritage is thankful for the friendship and healing ministry of Anchorpoint.



Hope Scholarship Recipient Sandra Crutchman

Sandra began participating in Anchorpoint's tutoring program when she was a 4th grade student at a small catholic school. Over the course of several years, her tutors helped her overcome struggles with multiplication tables and work through other areas of need across various subjects. The program also supported her character development by reinforcing the importance of school, academic performance, and hard work. After middle school, Sandra completed a difficult transition to a larger and more rigorous public high school.

While receiving tutoring support, Sandra and her mother attended Anchorpoint's Single Parent Information Network (SPIN). The therapeutic groups provided moral, spiritual, and educational support to help them navigate the challenges of being part of a single-parent family. Sandra's mother also participated in Anchorpoint's parenting education offerings to develop her knowledge and skills to support her daughter's healthy development and growth.

"I have witnessed Sandra grow into a beautiful young lady through the years at Anchorpoint," her mother reflects. "Anchorpoint has been like a second family for us. I appreciate all you do and want to thank everyone who made these programs possible."

Sandra will graduate from Hampton High School this spring and plans to use her Hope Scholarship to pursue a degree in Elementary Education. Her goal is to help others as she was helped.



"My son was furious when I told him that he was going to go to Anchorpoint for help in math. It only took one session for him to change his mind. His grades and his attitude have both improved. Now he even asks to have an extra tutoring session when he has a big test coming up!"

- Mother of 9th grader

Anchorpoint Summer Tutoring Program - June 18 to August 3

Registration is now open for students KG thru 12th Grade.

Affordable tutoring determined by a sliding scale - Individualized instruction.

For more information, contact Sandy Niekum at 412-366-1300 ex. 123



About Anchorpoint Counseling Ministry

“God has saved me from myself and profoundly changed my life several times. Among these was the day I met Keith Brown, founder of NYHMCC [now Anchorpoint].

His “coffee house” for teenagers was a fledgling youth ministry at the time. Imagine my surprise when, 40 years later, upon moving back to “the burgh,” Anchorpoint was referred to me as an excellent counseling and tutoring resource. I had not known of the coffee house’s fate—I



learned how it is now touching so many lives, both kids and adults. Better yet, the referral was right on. I can’t praise enough the personal counseling I’ve received, and the tutoring program goes way beyond others I’ve tried. The staff took a dedicated, personal interest in my daughter’s circumstances by working closely with me and her teachers. They related to her individual personality to make her experience a positive one, and have created an atmosphere of praise and fun for the kids. The amazing growth, longevity, and the many ways the organization now lifts up the community it serves is testament to God’s work and to the dedication and compassion of the staff.” – Denise Moorehouse, Client



Anchorpoint
Counseling Ministry

Anchorpoint Counseling Ministry (ACM), established in 1966, has grown to encompass the needs of individuals of all ages. We are unique in our approach to strengthen family life by offering a holistic approach that includes the integration of emotional, relational,

and spiritual healing through individual and family counseling, support group therapy, parent education and prevention programs and a tutoring/mentoring program.

North Hills Area churches created Anchorpoint Counseling Ministry (formerly the North Hills Youth Ministry Counseling Center) as a non-denominational outreach ministry to teens. Moving from this emphasis on teens in 1982, the ministry began working with parents, the primary influence determining the health and well-being of the family. Today, Anchorpoint Counseling Ministry is a Healing and Educational Ministry working to save families and save lives by providing:

- **Professional counseling services**—We conduct an average of 3,000+ counseling sessions annually. On average, 40% of our clients pay according to a sliding scale fee based on annual income. No one is denied service due to financial constraints. Counseling services include: crisis intervention, elementary-age intervention, family, marital, couple, individual, adult, young adult, and teen.

Issues we address include: anger management, anxiety, bullying, depression, drug and alcohol abuse, eating disorders, family conflict, financial problems, grief support, loneliness and alienation, overindulgence, parenting skills, peer pressure, physical and emotional abuse, school problems, separation and divorce, single parenting, and stress.

We continue to integrate emotional healing with spiritual healing and attempt to bring the life-changing message of Christ and the resources of faith into the counseling room with many of our clients. However, there are always clients who do not wish to incorporate spiritual concerns into their counseling and we respect their boundaries.

- **Support group therapy** is a growing area of the ministry. One-on-one counseling with individuals, couples and families remains the core for healing at Anchorpoint, followed by tutoring and parent education. In addition, we are encouraged by the strides our clients are making through support group therapy. Our groups bring together those who share a common experience or struggle in a safe and caring environment. Facilitated by our therapists, these groups encourage, empower and instill hope while helping attendees to develop coping tools to successfully maintain a healthy lifestyle long after the support group experience.

- **Parenting, relationship and family workshops** are available on a variety of topics and conducted at Anchorpoint and throughout the community.

• **Tutoring/mentoring (Youth Development Program)** —

Reducing the risks facing children is a great challenge. Our Youth Development Program, opened in 2001, has continued to grow and thrive with promising results. The counseling program focuses on improving emotional, relational, and spiritual health of its young clients and strives to restore effective communication within their families. The tutoring/mentoring component seeks to increase the self-worth and academic achievements of youth who are at-risk and focuses on helping them achieve success in terms of completing homework, studying for tests, improving grades, strengthening their overall study skills, and fulfilling other curriculum requirements.

• **Master's level clinical internship program** —

Anchorpoint is committed to training future therapists who have a desire to integrate the resources of religious faith into their counseling with clients. In 1985, we expanded our level of community services by welcoming interns from various colleges and universities pursuing Master's level degrees in counseling and social work. Students are provided the opportunity to develop their counseling skills under the direct supervision of our diverse and talented staff.

If a life transition, unexpected crisis or just daily stress has been challenging or overwhelming for you, we can help. A compassionate counselor is available. Call Anchorpoint Counseling Ministry at 412-366-1300 to begin the healing process.

**When you find a friend in need,
please pass on one of these cards.**



Need someone to talk to? We can help.
Anchorpoint
Counseling Ministry
Professional Counseling, Tutoring & Parent Education
412-366-1300
10 MacKnight Park Drive, Suite 802, Pittsburgh, PA 15237
www.AnchorpointCounselingMinistry.org

reading and learning
• stress management
• school difficulties
• self-esteem
• self-care / boundaries
• peer pressure & bullying
• social problems
• parenting skills
• listening

anxiety
• depression
• mood disorders
• self-esteem
• self-care / boundaries
• peer pressure & bullying
• social problems
• parenting skills
• listening

**You'll find a few
cards on your table
tonight. Keep one in
your wallet to share.**

How You Can Help Anchorpoint Serve Your Neighbors in Need...

Thank you for supporting Anchorpoint Counseling Ministry. Anchorpoint relies on generous donations from individuals, businesses, congregations, foundations, and others to subsidize fees to assist those who would otherwise not be able to take advantage of our services. ***Together, we will make a difference!***

Pray—*The earnest prayer of a righteous man has great power and wonderful results* (James 5:16). Please include us on your prayer list and pray for our clients.

Refer—Do you know someone in need of counseling? A child struggling with school work? Moms and dads in need of parenting help? Folks who would benefit from our support groups? Let them know Anchorpoint is available to help.

Donate—Your monetary and in-kind assistance sustain our work. ***Thanks to your support, we are able to provide low-cost faith-based counseling services.*** Please consider: • Monthly Gifts • One-time Monetary Gifts • In Kind Donations (call for a list of current needs) • Restaurant Gift Cards for support group meals • United Way: #354 • Gifts in Memory or in Honor of a Loved One.

Volunteer & Special Opportunities—Your participation is appreciated: • **Tutoring** • **Bulk Mailing Helpers** • **Clerical Support** at our office • **Special Event & Committee Help** • Join our **Board of Directors**. We are interviewing individuals who will help to steer the future of this ministry.

Anchorpoint Ambassadors—Help us connect with your church, business or organization. Together, we can reach out and serve those in need.

Connect with us online—Follow us and share our posts with your friends on social media. Sign up for our email updates via our website: AnchorpointCounselingMinistry.org.

Call us at 412-366-1300 for more information!

Congratulations to Tonight's Honorees and to Anchorpoint Counseling Ministry



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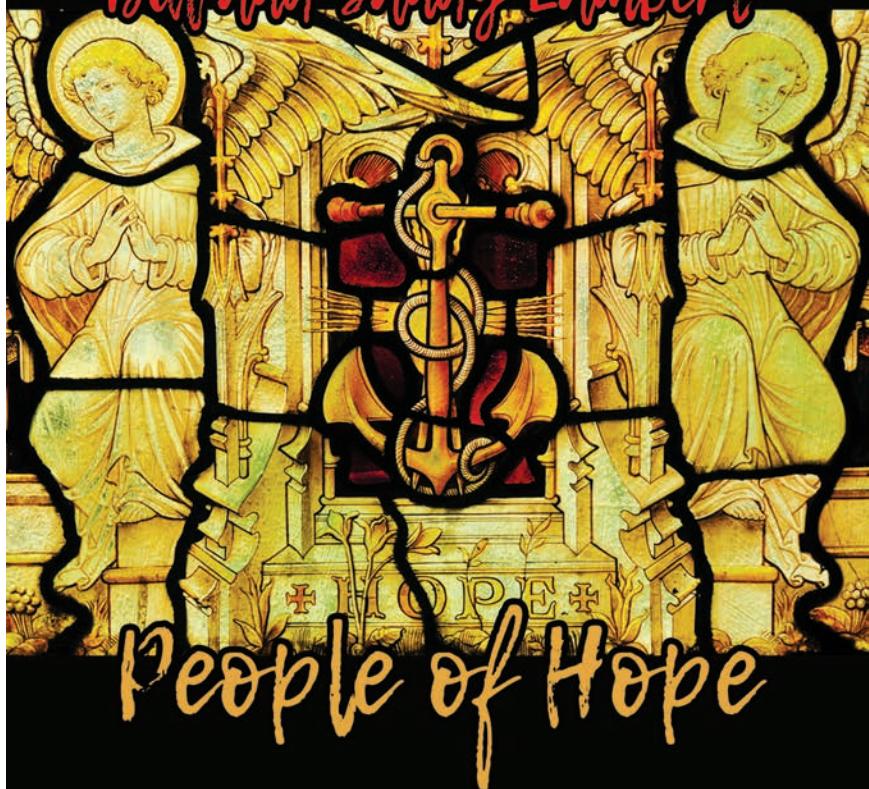
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