



2018 Annual Report

ANCHORPOINT COUNSELING MINISTRY



A YEAR OF
HOPE



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A LOOK BACK AT 2018

YOU ARE THE REASON FOR HOPE

LETTER FROM OUR BOARD PRESIDENT AND EXECUTIVE DIRECTOR

All of us have struggled—and all of us have friends and neighbors who are struggling now (maybe even unknown to us). Because of your support, your fellow community members have somewhere and someone to fall back on.

Last year you supported more than 1,000 counseling sessions not covered by insurance. You helped to deliver 2,200 hours of

tutoring and mentoring at low, affordable costs to low income students. You ensured that dozens of support group sessions and workshops could be provided at no cost to community members in need.

You also sparked a new initiative guaranteeing mental health and educational services for all children and teens regardless of their financial resources. You laid

the groundwork for two new therapeutic support groups for parents and adults seeking healing. You opened doors for new program locations supporting single moms and their kids. You championed outreach to various underserved neighborhoods like Bellevue, Etna, Millvale, Sharpsburg, and West View.

Your continued support is reaching new community members every day. Thank

you for being a source of light and extending your caring hand to help meet critical mental health and educational needs!

Sincerely,



Jim Ogle
President, Board of Directors



Rev. Dr. Ron Barnes, LSW
Executive Director

RAY OF HOPE INITIATIVE

HOW IT BRINGS HEALING AND LEARNING TO LOCAL CHILDREN AND TEENS

“My daughter is a happy kid,” a mother explained. “Her glass is always half full, so I was surprised when she asked to see a counselor.”

Her son received tutoring at Anchorpoint, so the mother knew where she could turn for help. She is glad she listened to what her daughter’s needs were: “Counseling has been an outlet for her. Being able to have one more person to speak with who doesn’t judge her has helped to keep her grounded. I would recommend it to anyone for whatever is going on in your [or your child’s] life.”

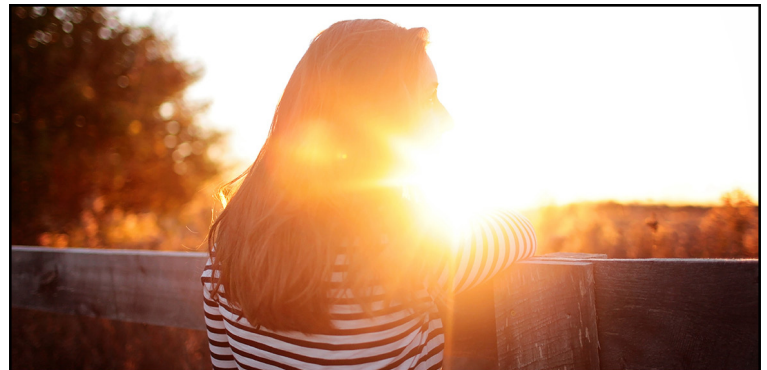
Local parents are referring kids for counseling for a

wide range of reasons and needs.

In 2018, Anchorpoint had more than 100 intakes of children and teens, including:

- An adolescent who faced peer pressure
- A young child who was devastated by his parents’ divorce
- A youth who was the victim of abuse
- Siblings who lost a parent
- A teenager who struggled with thoughts of self-harm

Kids need mental health support in the same way they need physical health care—especially when they are facing difficult issues and life circumstances.



Unfortunately, so many children and teens are unable to access the help they need, because of financial and resource barriers.

With your support, the Ray of Hope Initiative provides services to every child, regardless of their family’s ability to pay. Launched in late 2017 with a founding gift from the Norman C. Ray Charitable Trust, this initiative truly is a “Ray of

Hope” for local, low profit youth and families in the community.

In 2018, the Ray of Hope Initiative enabled our community to receive more than 260 counseling sessions, nearly 1,000 hours of tutoring and other very essential mental health and educational resources for children who would not otherwise be able to afford these services.

GLIMPSES OF HOPE

THESE SUCCESS STORIES ARE POSSIBLE BECAUSE OF YOUR SUPPORT

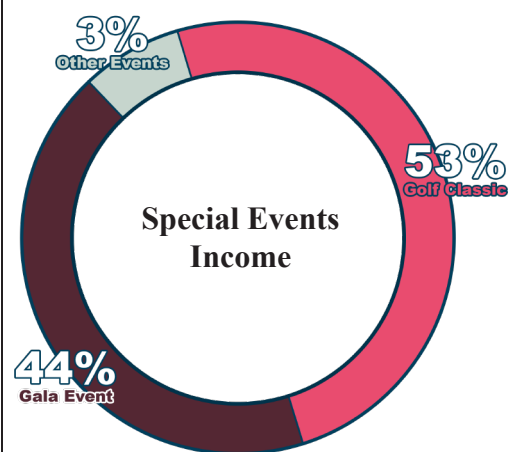
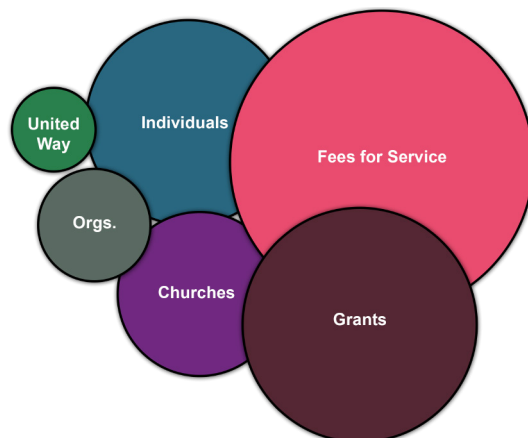
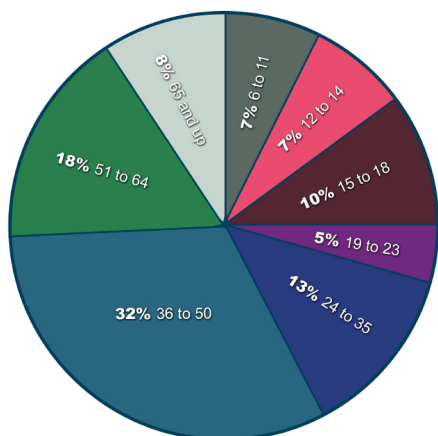
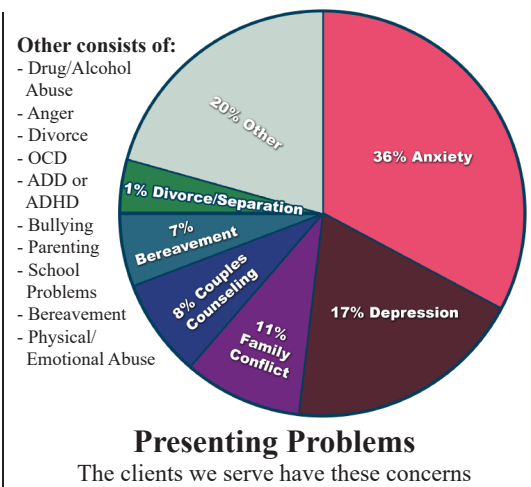
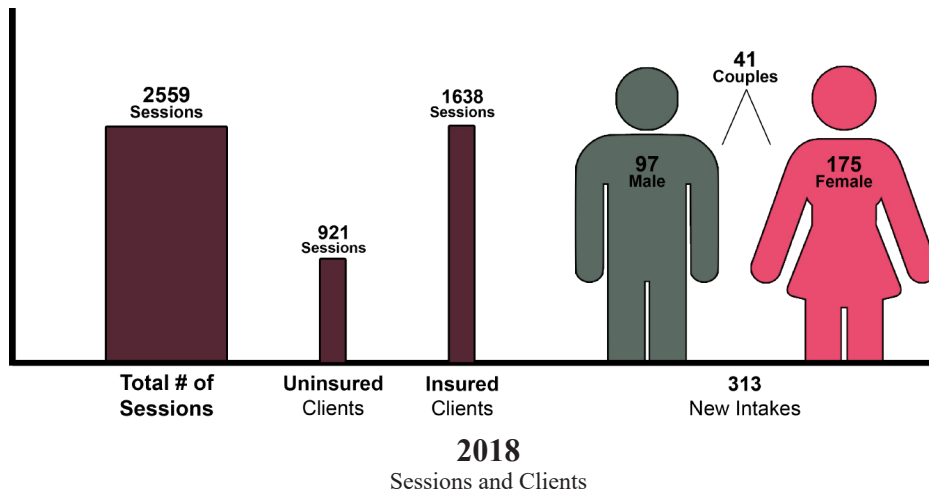


"I have been to counseling before and I've never felt this trust I have for my counselor. They make me feel supported and the environment feels safe!" - *Counseling Client*

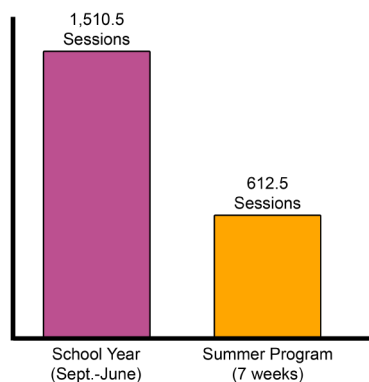


"This program has helped in a huge way. The program manager and my child's tutor have been wonderful. I'm so thankful to have found this resource!" - *Parent of Tutoring Student*

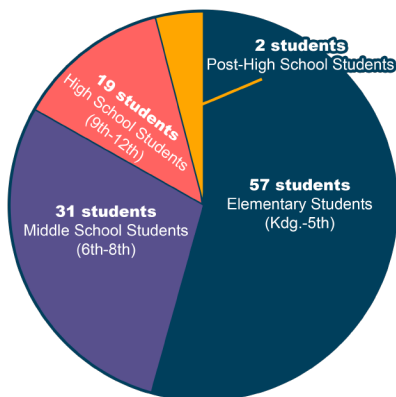
HOW YOU INSPIRED HOPE IN 2018



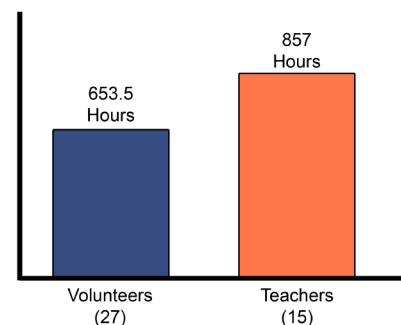
THE IMPACTS OF ANCHORPOINT TUTORING



Tutoring sessions conducted
Total sessions for 2018 were 2,123



Total # of students tutored in 2018
109 Students: 56 Girls, 53 boys



Volunteers and Teachers

Public Schools with Students attending Anchorpoint

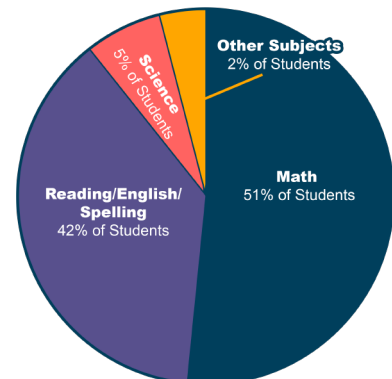
**North Allegheny
North Hills
Shaler
Pine-Richland
Hampton
Avonworth**

2018 Summer Programs

56 Students

- 39 Elementary students
- 16 Middle/HS students
- 1 Post High School students

11 paid teachers
1 substitute teacher
2 volunteer teachers



Frequently requested subjects

Private Schools with Students attending Anchorpoint

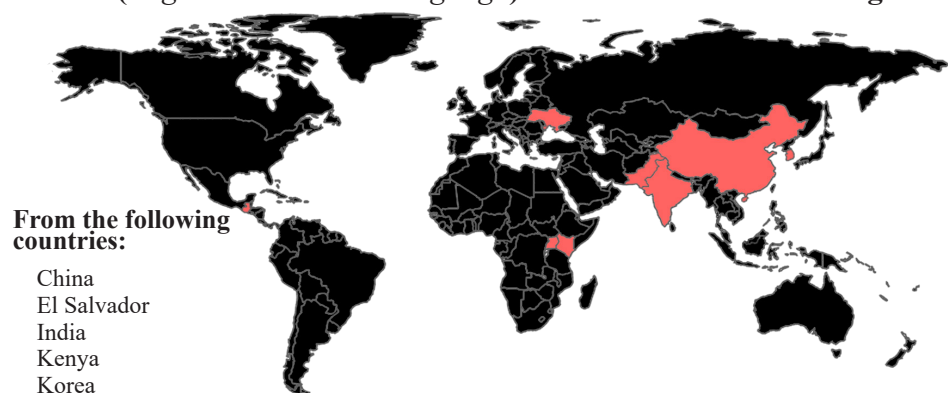
**Holy Cross Academy
Eden Christian Academy
Northside Catholic
Aquinas Academy
Oakland Catholic
North Catholic
Total Learning Academy**

109 students came from 94 families

15 of these families had more than one child in tutoring at the same time.

13 of these families had another child or relative in tutoring in previous years.

13 ESL (English as a second language) students received tutoring in 2018



From the following countries:

China
El Salvador
India
Kenya
Korea
Pakistan
Uganda
Ukraine

To View this Annual Report online, please visit
www.anchorpointcounselingministry.org/resources

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Thank **YOU** for supporting community members and families in need!

These lists acknowledge donations received between January 1, 2018 and December 31, 2018. Payments for tickets, registrations, auctions, and services are not included. We sincerely regret and wish to be made aware of any errors or omissions. Contact: Mark Heinbockel, 412-366-1300 ext. 103, mark@anchorpointcounselingministry.org

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YOUR SUPPORT MAKES A DIFFERENCE!



“This center is great for people like me in my current financial situation. You truly provide a great and necessary service.”

- Counseling Client



“We didn’t have the ability to pay for the kind of tutoring my daughter needed until we found Anchorpoint. They have quality tutors for prices that I can afford.”

- Parent of Tutoring Student

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Anchorpoint
Clients report
the following
changes from
counseling...

"I have learned to
appreciate myself
and what I do."

"My stress level
has come
down."

"I feel more
confident in my
relationships."

"I feel like I
can stand up
for myself."

"I have learned
to work through
anxieties in my
relationship and
communicate
better with my
partner."

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SAVING FAMILIES. SAVING LIVES.



**"This was completely life-changing.
I am stronger and more equipped to
deal with problems because of it."**

- Counseling Client



**"Learning about boundaries and hearing
from others' experiences will definitely
help me build healthier relationships
in the future."**

- Support Group Member



**"Overall, the group has helped guide me on
a course for healing and a better
understanding of myself."**

- Support Group Member