ACM Golden Anchor Gala 8 50th Anniversary!



Celebrating People of Hope in our Community.

Honoring

Rev. Keith Brown A Friend Who Brings Hope

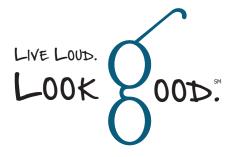
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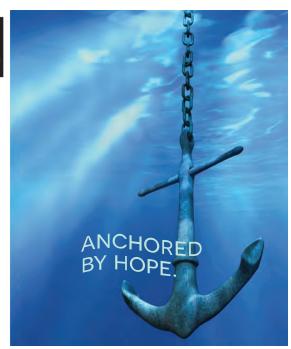
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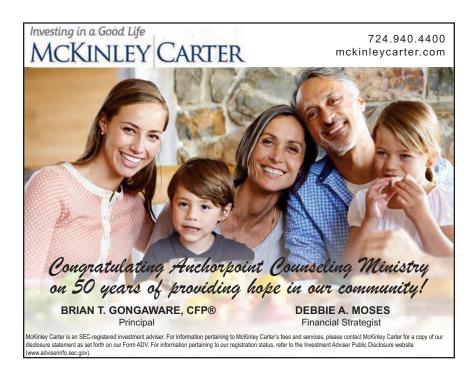






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Anchorpoint Counseling Ministry 2016 Golden Anchor Gala & 50th Anniversary Celebration.



Welcome!

This Evening's Program

Cocktail Reception

Welcome *Master of Ceremonies, Kathy Emmons*

Board President Remarks Jim Ogle

Invocation *Executive Director, Rev. Dr. Ron Barnes, LSW*

ACM's Impact on My Life

Dinner

Gala Chair Remarks
Curt Fleming

Presentation of HonoreesJim Ogle and Rev. Dr. Ron Barnes, LSW

Announcement of Auction Winners *Jim Ogle, Curt Fleming and Kim Fleming*

Thank you!

We are grateful to those who made this evening possible.

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 Laurie Bungard, Assistant Office Manager

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- Joan Wolf Schenker, MEd, Family Life Specialist/Parent Coach
 - Sandy Niekum, MEd, Tutoring Program Manager
 - · Leanne Bentz, MS, Tutoring Program Assistant

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Thank you!





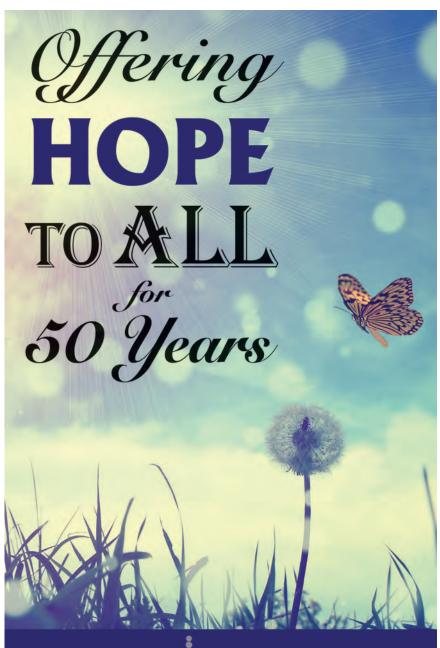
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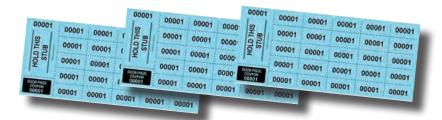
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Hope Auction

Don't forget to purchase raffle ticket sheets to win fabulous prizes! Proceeds will be used for client care.



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Special Thank you to Steve Ehrlich and the East Allegheny High School String Quartet for tonight's special music.

Gifts listed here were received in our office before the printing of this program. If your name has been accidentally omitted or misspelled, please accept our sincere apologies and notify us at 412.366.1300.





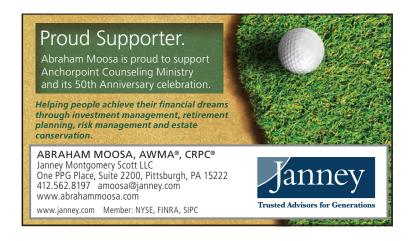
Executive Director Rev. Dr. Ron Barnes, LSW

People Need Hope

Our faith-based Anchorpoint Counseling Ministry believes that Christianity is a servantfocused communal belief system. The need to serve others was instilled into Christianity by

Jesus Christ and the life he lived on earth over 2,000 years ago. Christianity inspires and teaches about the core significance of communal motivation above individual motivation in our lives. Service to others is our way of living hopeful lives and obeying Christ's teaching. Each of us here tonight can offer hope to others. This builds community. There are as many stories of building hope as there are people here tonight. We have selected four awardees and are privileged to honor them for all they contribute to our communities. Thank you for being here this evening. Your presence, support, and involvement is another Anchor of Hope.

Blessings in your everyday journey of this hope-filled life we have been given.





Board President - Jim Ogle

Welcome to our Anchorpoint Gala celebrating 50 years of serving families in need through faith based counseling, tutoring and parent education programs! What a milestone!..50 years!..In the beginning when several local churches got together with a mission to serve their community, no one could have foretold the issues that families face today...Anxiety, depression, substance abuse, anger, loneliness, divorce, isolation and grief are realities of today that stress and tear apart families



and dreams...And, sadly, we all know stories involving our youth with overdose and suicide that change families and lives forever.

Parents today, and single parents in particular, face adversity and need guidance and support in order to grow. Anchorpoint continues to be that anchor and strength for people going through the many challenges of life – the friend who offers hope, guidance and healing. While we don't know what the issues for families are going to be in next 50 years, we do know that the need now for Anchorpoint services has never ever been greater and will never disappear!

It is with great pride that we honor tonight some people who have had a major impact on the Anchorpoint story. It is because of people like this that Anchorpoint has been able to serve families for 50 years! Hope is what drives our honorees — hope that together we can save families and save lives — hope that we can teach people to set boundaries and grow despite adversity. Our honorees are different simply because they got involved and by doing so they inspire others. They wanted to make a difference in someone else's life! Please spend a few minutes with each and thank them for who they are and what they do. They are special people we are proud to have as part of the Anchorpoint family tonight.

We are so thankful for all of you for being here tonight and our many, many supporters throughout the Pittsburgh area. You inspire the staff, counselors, tutors, volunteers and Board in ways that you do not know. Because of all of you we continue to be energized in our mission to grow Anchorpoint through the next 50 years and impact more families than ever before!

Thanks for your very generous support! Enjoy the evening.

Family is like music, some high notes, some low notes, but always a beautiful song.

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Master of Ceremonies - Kathy Emmons

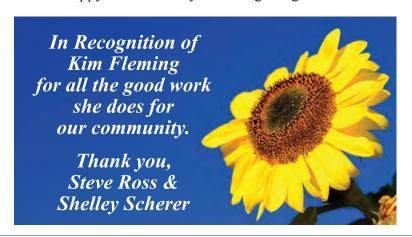
A native Pittsburgher, Kathy Emmons is the co-host of The Ride Home with John and Kathy, the afternoon drive talk program broadcast by 101.5 WORDfm in metropolitan Pittsburgh. Presented by Salem Media Group, The Ride Home is at the forefront of faith-based radio, combining conversation, news, entertainment and learning, all within the framework of a Christian worldview. Kathy is also a re-



treat speaker, a conference leader, and an event host in the region.

Additionally, Kathy has served as Worship Leader and Music Director at Bellefield Presbyterian Church on the University of Pittsburgh campus since 1998. She holds a degree in Communications & Writing from the University of Pittsburgh, and in Interior Design from the Art Institute of Pittsburgh. Kathy loves sports, photography, reading, and slow Sundays with her family. She lives in Pittsburgh with her husband and two daughters.

We are happy to have Kathy emceeing tonight's event.



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Your participation today has enabled ACM to continue to serve our community. We look forward to our 50th year of ministry because of your generosity.

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—Hebrews 6:19

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"I cannot thank you enough for all of the encouragement and love that you have given me. It means a lot to have somebody to believe in you." - High School Student in Tutoring at ACM

"I am hopeful! In this short period I have seen positive change in my relationship with my custodial granddaughter. Her counselor seems very effective and has helped me also. I am grateful that you are here and affordable. Thank you." - Family in Counseling

"Our counselor is amazing. She has helped me and my daughter so much. Her voice has been a great comfort to me during this difficult time." - Family in Counseling

"This group was extremely helpful to me. I learned so many helpful skills to feel better about myself. I also learned how to cope with unhelpful feelings and thoughts." - Sanctuary for Teens Participant

"I've had family counseling with my wife and son, individual counseling on issues relating to my anger, and marriage counseling on communication gaps. Without exception, the counseling I received was helpful, compassionate and practical. The spiritual focus in our sessions was especially helpful." - Counseling Client

"The staff is incredible, not only to the children, but to the parents. The cost is definitely affordable. I love having counseling and tutoring in the same building. It makes things so much easier."- Parent of Child in Counseling and Tutoring

"This program, the tutors, and the entire staff have been one of the biggest blessings in our lives and truly an answer to prayer. This service has been invaluable and life changing for our son." - Parent of Child in Counseling and Tutoring

"Never take God out of what you all are doing, it helped me, and it'll help others." - Family in Therapy

"As soon as I heard my counselor's voice on the phone, I knew I had found the right person to help me. Her kindness, compassion and gentleness have impacted me greatly and her experience and valuable suggestions have helped me tremendously. I feel so comfortable talking to her about my life and my faith. I thank God for her every day." - Counseling Client

"The best part of group is getting to know strong women who are going through similar situations. They're so supportive and helpful." – Women's Self Care Group Participant

"This workshop changed my life with my kids. I like the intervention strategies and role-playing; seeing it helps solidify the concepts. I needed a reminder of how much difference I can make. The personal stories and experiences were excellent. - Education Workshop Participant

"My therapist is awesome! Very kind, caring and smart. It's very helpful for those without insurance and who have low income. I love that I can come get help and pay what I can." - Counseling Client

How You Can Help Anchorpoint Serve Your Neighbors in Need...

Thank you for supporting Anchorpoint Counseling Ministry. ACM relies on generous donations from individuals, businesses, congregations, foundations, and others to subsidize fees to assist those who would otherwise not be able to take advantage of our services. **Together, we will make a difference!**

Pray—The earnest prayer of a righteous man has great power and wonderful results—James 5:16. Please include us on your prayer list and pray for our clients.

Refer—Do you know someone in need of counseling? A child struggling with school work? Moms and dads in need of parenting help? Folks who would benefit from our grief, een, or other support groups? Let them know Anchorpoint is available to help.

Donate—Your monetary and in-kind assistance sustains the work of ACM. *Thanks to your support, we are able to provide one of the few low-cost faith-based counseling services available.* Please consider: • Monthly Gifts • One-time Monetary Gifts • In Kind Donations (call for a list of current needs) • Restaurant Gift Cards for support group meals • United Way: #354 • Gifts in Memory or in Honor of a Loved One

Volunteer & Special Opportunities—Your participation is appreciated: • **Tutoring • Bulk Mailing Helpers** • **Clerical Support** at our office • **Special Event & Committee Help •** Join our **Board of Directors**. We are interviewing individuals who will help to steer the future of this ministry.

Anchorpoint Ambassadors—Help us connect with your church, business or organization. Together, we can reach out and serve those in need.

Connect with us online—Follow us and share our posts with your friends on social media. Sign up for our email updates via our website: AnchorpointCounseling-Ministry.org.

Call us at 412-366-1300 for more information!



Congratulations to the 2016 Golden Anchor Gala Honorees

Rev. Keith Brown

The Claus Family

Wilkins Associates
Architects

Memorial Park Church

Thank you for Inspiring Hope!



Meet our 2016 Golden Anchor Gala Honorees





A Friend Who Brings Us Hope Rev. Keith Brown

In 1962, Keith Brown was invited by Memorial Park Presbyterian Church to become the Director of Christian Education, specializing in Youth Ministry. As was true for other churches, Keith found it difficult to attract teenagers to the youth programs in church: no matter what he tried only a small number attended. Frustrated, he called

a friend who was successful in youth ministry, to ask "What works?" His friend replied, "Bus

Trips."

So Keith organized a week long bus trip to Philadelphia, Ocean City, and inner city New York. This itinerary combined fun with a study of what churches were doing to

reach inner city youth. The bus had 40 seats, but only 20 kids signed up for the trip. Keith called LaVerne Rasmussen, a Lutheran Pastor at St. Johns, to see if he could get enough teenagers from his church to fill the bus. He did.

Keith, his wife Carole, LaVerne and 37 young people went off on a trip that planted the seeds of what was to become the North Hills Youth Ministry. The next summer, Keith and Carole took 80 young people, Presbyterians and Lutherans, to a Young Life-type ministry that would reach out to their unchurched friends at North Allegheny High School. They suggested that the ecumenical ministry be called Key Club, proclaiming that Jesus Christ is the key to life.

In 1966 the proposal was presented to the North Hills Ministerial Association, and 40 churches—Protestant and Catholic—heartily endorsed the ministry which was then called the North Hills Youth Ministry. Keith was asked to be the director. Hundreds of teens responded, and soon the ministry added more bus trips, a Coffee-House, the Friday Night Dance, and the Echo Club which reached out to the unchurched at the high schools in the North Hills.

Now, 50 years later, Rev. Brown says that he and the many youth "who have become adult disciples of Jesus Christ are proud to be the spiritual ancestors of Anchorpoint Counseling Ministry."

We are honored to have the opportunity to recognize Rev. Keith Brown as a Friend Who Inspires Hope.

Directors & Acting Directors

Keith Brown: 1966 to 1972

Dale Sewell - 1972 to 1976

Randy Younkin - 1976 to 1978

John Rickloff - 1978 to 1986

Linda Stone Neuenschwander - 1986 to 1987

Ron Barnes - 1987 to Present

50 Years of Amazing Leadership! Thank you!



A Family Who Brings Us Hope The Claus Family

The origins of the Claus Family began in 1974 at Price Waterhouse (now PwC). Gary Claus was working as a brand new staff accountant when Jo Ann joined the firm as a secretary in the

HR Department.

Jo Ann changed Gary's life in the most incredible way when her gift to him that Christmas was the *Good News for Modern Man*, the current day language translation of the Gospel.

"I was surprised by the gift," says Gary, "as she did not come across as a 'goody two shoes,' but I began to read the



book." Gary had attended church as a child but drifted away he says, "like so many young people do, owing to jobs, etc. That gift and Jo Ann's act of faith in giving it changed my life and the lives of all our family members. They, and I, literally would not be here today if she hadn't given me the gift of hope that is Jesus Christ by her demonstration of faith."

The couple has two sons, Adam and Damon. Adam is married to Brianne. They have two children. Damon's wife is Catherine.

When asked about something that would surprise folks about the Claus Family, newer family member, Catherine, says, "The Claus Family comes across as serious, well organized and really having its act together, and they do, but in reality, we are generally a pretty silly group - especially the guys." They love to laugh and talk in strange voices. Ask Damon to do "Dauber Lombarski" for you." This sense of humor can be traced back to Gary, who has been known to tell a joke or two in various dialects. The Claus Family's outward image of seriousness is a "shield behind which a bunch of goofballs hide."

All kidding aside, Anchorpoint has much respect for the Claus

Family. Executive Director, Ron Barnes, says, "The Claus Family believes strongly in investing in and caring for the broader Pittsburgh community. They have served on numerous Pittsburgh non-profit agency boards and have reached out to minister to youth and adults at their church for many years. Their Christian faith and their deep roots in Pittsburgh have made them a very deserving 'Family of Hope'."

Indeed, a common thread of hope that runs through all of the Claus Family members is a strong faith and belief in Jesus Christ as the Son of God. "We don't say that with a sense of pride," says Gary, "because we did nothing to deserve the gift, and will never be able to earn what comes from it. Rather, we are grateful for God's gifts, and see ourselves as stewards of them."

Most of the family have had, or still do have, an active involvement working with youth and young people. Jo Ann and Gary taught the teens in Sunday school for several years and later had active roles in youth programs at North Hills Community Baptist Church (NHCBC). Jo Ann wrote, produced, and directed youth musicals at the church for many years. She still maintains an ongoing dialogue with many of her former pupils. Both Adam and Brianne served in the role of Director of Youth Ministry at NHCBC, taking turns with the job for a period of seven years. Brianne teaches fifth grade in the Fox Chapel Area School District. Her focus is on children with special needs, particularly those with autism. Gary has been a member of the Board of Trustees at Robert Morris University for more than 15 years. He sees the importance of education in fostering hope in the lives of young people. The family sees "young people as the place for hope to grow, and faith in God as the reason for hope."

While not directly linked with youth, the careers of Damon and Catherine involve serving others. Damon is the Manager Director of Castus Consulting, LLC. He is a graduate of Virginia Tech University and he is guided by the school's motto, "Ut Prosim" (that I may serve) in both his personal and professional life. Catherine is a Human Resource Manager for i+iconUSA where she manages day to day human resource needs of the company. Among her work-related activities are opportunities to counsel managers and employees on employee relation concerns and the design, implement and management of wellness programs.

The Claus family has been actively involved with Anchorpoint for many years. Besides Jo Ann serving faithfully on our board and the family's generous financial contributions, they can be counted on to attend and support our special events and fund-raisers. They are long-time supporters of our Anchorpoint Golf Classic.

In addition, to the youth leadership and the youth work mentioned above, Jo Ann has served her church as a leader of C.O.R.E. (the Women's Ministry of NHCBC), Chairperson of the Board of Deacons, youth mission trip leader, lay leader, choir member, song leader, and she has also provided special music for solos. She has been a leader in Bible Study Fellowship (BSF) and served as a board member for Anchorpoint during the time we were known as North Hills Youth Ministry Counseling Center. In addition, she has been a community leader serving on the board for the Hampton Alliance for Educational Excellence (HAEE).

Gary also has impressive civic and community leadership service in addition to his youth-related and church volunteering. He is currently the chair for the National Organizing Committee of the Price Waterhouse Retired Partners and serves on the board of the Pittsburgh Zoo & PPG Aquarium as well as other organizations relating to his profession. Goodwill of Southwestern Pennsylvania and Baptist Homes of Western Pennsylvania are among some of the other organizations where he has served as a board member.

The Claus Family says that they "have been involved with North Hills Youth Ministry and Anchorpoint Counseling Ministry for more years than we can remember." The youth ministry connection is obvious. However, they say that they would be selling Ron Barnes short if they left it at that. "Ron is a very dear friend to all of us," says Gary. "Jo Ann and I see him as a brother, and Adam, Brianne and Damon think of him as both a mentor and spiritual guide. Catherine has not had the opportunity to know Ron for as long as the rest of us, but she shares the same love and respect we have for him."

"Stated simply," Gary continues, "Ron lives his faith in his counseling work every day, and we are blessed to have him - and so many others at ACM - 'working the vineyard' on our behalf day in and day out. The good works of the Ministry have been supported by so many with whom we travel the same journey that it is impossible to name them all. But we all love Ron, and believe so strongly in his work that supporting Anchorpoint is as natural to us as breathing."

We are so blessed to travel this journey with you as well, Claus Family! Thank you.

We are honored to have the opportunity to recognize the Claus Family as a family who Inspires Hope.



A Business that Brings Us Hope Wilkins Associates Architects

Wilkins Associates Architects was founded in 1965 by Ken Wilkins. A few thousand projects have passed the private practice's doors including acting as the architects for the North Hills School District for twenty years and much generosity towards Anchorpoint Counseling Ministry.



A high school graduate from Cleveland, founder, Ken Wilkins, received his degree from

Carnegie Tech graduating in 1959. He married his wife, Trudie, in 1959 and they moved to St. Louis where Ken worked for the Army Corps of Engineers in Granite City. There they met a couple who would become their best friends to this day.

The couple moved back to Pittsburgh and Ken received his architectural license in 1964. Ken says that he and Trudie have been "blessed with 57 years together." His son, Pete, was born in 1966 with a mental handicap. His daughter, Julia, was born in 1969. Ken and Trudie provided caregiver duties for Pete until 2002 when Ken says, "A wonderful organization called Partners for Quality was able to place him in a supervised independent living facility. He's happy as a lark and almost runs the place."



Trudie opened Houseworks Furniture in 1980 and had three stores before she retired from the business in 2012. For many years, she provided trucks for Anchorpoint to haul thousands of books to our sale locations. Because of Trudie's business, they were able to make numerous trips to Denmark and Italy which included side trips to

Germany, France, and Crete.

Ken says that being generally quiet and reserved, "Trudie and I don't wear our faith on our sleeve, but try to embody it in our dealing with others." Mission accomplished—anyone who has had the pleasure of meeting Ken and Trudie has been approached with gentleness and respect. Over the years, Anchorpoint has been abundantly blessed by their faith in action.

Ken says, "We've been involved with Anchorpoint one way or another since North Hills Youth Ministry's founding by Keith Brown fifty years ago." He was invited to join the board in 1990 by then development director, Diane Crouse, and Linda Neuenschwander, past acting director and board member — A position Ken held for six years. Ken was instrumental in acquiring the facilities and plans for Anchorpoint's offices. He not only found our new office space for us but also created the deal to move our offices from Northway Mall to our present location at McKnight East. Ken says that he also formed a lasting friendship with our executive director, Ron Barnes, through his association with Anchorpoint.

In addition to his serving Anchorpoint in countless ways, Ken served his community through being on two boards in Ross Township. He also served Hiland Church as a member of Session.

Ken enjoys golf and says, "I used to be pretty good." He tries to play twice a week. Just last month Wilkins Associates Architects was a Birdie sponsor and his foursome won first place in the Second Flight of the 2016 Anchorpoint Golf Classic. We'd say he's still pretty good! We are grateful to Wilkins Associates Architects for the long-time sponsorship of this golf tournament.



Ken says that he has been trying for the past five or six years to ease into retirement mode, but "Trudie and my many clients won't let me!"

"Wilkins Associates Architects was chosen," explains our exec-

utive director, Ron Barnes, "because Ken has been actively involved with Anchorpoint for so many years. He has used both his business and personal resources for the benefit of our clients." His involvement as a board member, in using his skills as a business man and architect for our office space, and his faithful and generous financial support has been a blessing to Anchorpoint." Ron continues, "He has been a great encouragement to Anchorpoint regarding its important mission in the Greater North Hills Area."

When asked what brings him hope, Ken's answer is simple and sweet, "My kids and my grandkids, Drea and Cecelia give me hope for the future and our world." Wilkins Associates Architects and Ken's personal participation have given this same hope to many other families as well — families who come through the doors he helped to acquire.

We are honored to have the opportunity to recognize Wilkins Associates Architects as a Business that Inspires Hope.



Thank you to our Faith Community for the Legacy of Healing!

ACM's Original Founding Churches

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- Christ Episcopal
- Heritage Presbyterian
- Hiland Presbyterian
- Ingomar United Methodist
- McKnight Methodist
- Mellwood Park Presbyterian
- Memorial Park Presbyterian

- Mount Calvary Lutheran
- North Hills Presbyterian
- Northmont Presbyterian
- Ross Community Presbyterian
- St. John's Lutheran
- St. John's Evangelical Lutheran
- Trinity Lutheran

Additional supporting churches joined us in the years that followed. Some of the communities below have been partnering with us for decades.

- Bethlehem Lutheran
- Community Presbyterian of Ben Avon
- Fox Chapel
 Presbyterian Women
- Glenshaw Presbyterian
- Hampton Presbyterian
- North Hills Community Baptist
- Parkwood Presbyterian
- Presbyterian Church of Sewickley
- Sisters of Bethany

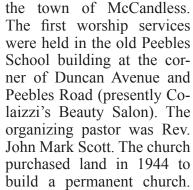
- Sisters of Divine Providence
- St. Brendan's Episcopal
- St. John Neumann Parish
- Sts. John & Paul Parish
- St. Paul's United Methodist
- · St. Richard Parish
- St. Sebastian Parish
- St. Thomas Church in the Fields
- Wexford Community Presbyterian

"He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love." - Ephesians 4:16



A Faith Community that Brings Us Hope Memorial Park Church

Memorial Park was founded as a mission congregation of the United Presbyterian Church of North America in 1941. It was located in the relatively rural and undeveloped North Hills area, in



That church was located on Sample Road near the intersection with Peebles Road. The congregation purchased an old church building from a Lutheran church on the North Side and disassembled, moved, and reassembled the entire

building on their property.

By the late 1950s, under the leadership of the first permanently called pastor, Rev. Charles Skuce, the congregation had outgrown the building and property on Sample Road. A seven acre piece of ground at Duncan and Peebles was purchased from

the Allegheny County Memorial Park cemetery, and plans were begun to move the congregation to a new site. The current sanctuary was constructed in 1962, and the Fellowship Hall building and attaching breezeway were added in 1963.

During the pastoral tenure of Rev. Richard Todd in the 1970's, the membership of Memorial Park climbed to over 1,500. A dynamic youth ministry was a strong draw of that era. Then in the 1980's under the leadership of Rev. Jerald Landrey, a singles ministry was born and became a highly successful outreach to the community. There was a decline in membership in the 1980's when a large number of families left to found the new Northway Christian Community. Membership dipped to approximately 1000 by 1989.

In 1990, Rev. Douglas Pratt was called to be the senior pastor and the church began a new era of expansion and spiritual growth. Several significant facility expansions and renovations were completed in the 1990s, including the addition of a narthex at the front entry of the church in 1991, renovation of the sanctuary (including pur-

chase of a new organ) in 1993, purchase of a home at 8830 Peebles Road for staff housing in 1994, and completion of a \$1.7 million. 17,000 square foot addition for offices and classrooms 1997. A Christian preschool affiliated with the church was founded in 1993.

In 1998 the Saturday Night Worship service was initiated. This contemporary style service is held Saturday's at 6:00



P.M. at the Clayton Community Youth Center. Contemporary Christian music is played by a live band and the format is casual - but you'll hear the same pastoral message as what is presented on Sundays.

There have been many highlights in the past 15 years, including the construction of The Clayton Community Youth Center in 2004 and an historical congregational vote in 2007 to disaffiliate with the Presbyterian Church (USA) and unite with the Evangelical Presbyterian Church (EPC). Several properties on Peebles Road have been purchased for missions and ministry purposes, and most recently, the generosity of Memorial Park's church family led to the expansion of the Preschool and Children's Ministries Wings, as well as a new Cafe/Lounge area in the Welcome Center.

In May 2006 (just prior to our uniting with the EPC), Dr. D. Dean Weaver answered the call to lead Memorial Park into this new era. Dr. Weaver formerly served as the pastor of Knox Presbyterian Church



in Buffalo, New York. For Pastor Dean, the Word comes first and everything else follows. He and his wife Beth have six children ages 18 to 27 and live in Ingomar, Pa. The current active membership is approximately 1550.

Not only has Memorial Park been instrumental in the founding of what is now Anchorpoint Counseling Ministry but they have been available throughout these fifty years providing support in so many ways. Referrals for our services, volunteers, board members and our founding executive director, Rev. Brown, have come from this church. They have also opened their facilities to us for several of our annual book sales and were generous in giving us space for our 40th Anniversary Celebration, Rock'n in the Spirit. Many of our parent education workshops have been hosted by this generous church over the years. Memorial Park is one of the reasons that Anchorpoint Counseling Ministry is here today. One of the reasons that this ministry is available to serve so many in need of hope and healing these past fifty years.

We are honored to have the opportunity to recognize Memorial Park Church as a Faith Community that Inspires Hope.



About Anchorpoint Counseling Ministry

"God has saved me from myself and profoundly changed my life several times. Among these was the day I met Keith Brown, found-

er of NHYMCC [now Anchorpoint]. His "coffee house" for teenagers was a fledgling youth ministry at the time. Imagine my surprise when, 40 years later, upon moving back to "the burgh," Anchorpoint was referred to me as an excellent counseling and tutoring resource. I had not known of the coffee house's fate—I



learned how it is now touching so many lives, both kids and adults. Better yet, the referral was right on. I can't praise enough the personal counseling I've received, and the tutoring program goes way beyond others I've tried. The staff took a dedicated, personal interest in my daughter's circumstances by working closely with me and her teachers. They related to her individual personality to make her experience a positive one, and have created an atmosphere of praise and fun for the kids. The amazing growth, longevity, and the many ways the organization now lifts up the community it serves is testament to God's work and to the dedication and compassion of the staff." — Denise Moorehouse, Client







Anchorpoint Counseling Ministry (ACM), established in 1966, has grown to encompass the needs of individuals of all ages. We are unique in our approach to strengthen family life by offering a ho-

listic approach that includes the integration of emotional, relational, and spiritual healing through individual and family counseling, support group therapy, parent education and prevention programs and a tutoring/mentoring program.

North Hills Area churches created Anchorpoint Counseling Ministry (formerly the North Hills Youth Ministry Counseling Center) as a non-denominational outreach ministry to teens. Moving from this emphasis on teens in 1982, the ministry began working with parents, the primary influence determining the health and well-being of the family. Today, Anchorpoint Counseling Ministry is a Healing and Educational Ministry providing:

• **Professional counseling services**—We conduct an average of 3,000+ counseling sessions annually. On average, 40% of our clients pay according to a sliding scale fee based on annual income. No one is denied service due to financial constraints. Counseling services include: crisis intervention, elementary-age intervention, family, marital, couple, individual, adult, young adult, and teen.

Issues we address include: anger management, anxiety, bullying, depression, drug and alcohol abuse, eating disorders, family conflict, financial problems, grief support, loneliness and alienation, overindulgence, parenting skills, peer pressure, physical and emotional abuse, school problems, separation and divorce, single parenting, and stress.

We continue to integrate emotional healing with spiritual healing and attempt to bring the life-changing message of Christ and the resources of faith into the counseling room with many of our clients. However, there are always clients who do not wish to incorporate spiritual concerns into their counseling and we respect their boundaries.

- **Support Group Therapy** is a growing area of the ministry. One-on-one counseling with individuals, couples and families remains the core for healing at Anchorpoint Counseling Ministry, followed by tutoring and parent education. In addition, we are encouraged by the strides our clients are making through support group therapy. Our groups bring together those who share a common experience or struggle in a safe and caring environment. Facilitated by ACM therapists, these groups encourage, empower and instill hope while helping attendees to develop coping tools to successfully maintain a healthy lifestyle long after the support group experience.
- **Parenting education classes and workshops** on a variety of topics throughout the community for parents on specific child-rearing themes, presentations on family issues, and leadership training

seminars. In 2012 we introduced Parent Coaching as well.

- Tutoring/mentoring (Youth Development Program) Reducing the risks facing children is a great challenge. Our Youth Development Program, opened in 2001, has continued to grow and thrive with promising results. The counseling program focuses on improving emotional, relational, and spiritual health of its young clients and strives to restore effective communication within their families. The tutoring/mentoring component seeks to increase the self-worth and academic achievements of at-risk youth and focuses on helping these youth achieve success in terms of completing homework, studying for tests, improving grades, strengthening their overall study skills, and fulfilling other curriculum requirements.
- Master's level Clinical Internship program. ACM is committed to training future therapists who have a desire to integrate the resources of religious faith into their counseling with clients. In 1985, we expanded our level of community services by welcoming interns from various colleges and universities pursuing Master's level degrees in counseling and social work. Students are provided the opportunity to develop their counseling skills under the direct supervision of our diverse and talented staff.

If a life transition, unexpected crisis or just daily stress has been challenging or overwhelming for you, we can help. A compassionate counselor is available. Call Anchorpoint Counseling Ministry at 412-366-1300 to begin the healing process.



Congratulations to Tonight's Honorees & to Anchorpoint Counseling Ministry for 50 Years of Ministry From your friends at



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