

SPIN Registration Form

Fill out, tear off, and return this registration form to:
Joan Schenker, Community Education Director
Anchorpoint Counseling Ministry
800 McKnight Park Drive, Suite 802, Pittsburgh PA 15237

Name:

Address:

City: State: Zip:

Phone:

Email:

I will need meals for: _____ Adults _____ Children

I will need a homework helper for:

Child's Name: Age:

- 1.
- 2.
- 3.

My child is enrolled in the tutoring program at ACM. I would like to schedule tutoring sessions during SPIN. (Please note that this request is not guaranteed.)

Child's Name:

Child's Name:

Single Parent Information Network



In Partnership with WOMEN of Southwestern PA

SPIN

at



Anchorpoint
Counseling Ministry

800 McKnight Park Drive, Suite 802
Pittsburgh, PA 15237
412-366-1300
anchorpointcounselingministry.org

SPIN Bi-Monthly Meeting Themes

6:30 - 7:00 pm: Dinner
7:00 - 8:00 pm: Mom's Meeting
Children's Homework/Study Time

October 7 & 21

Who is in Charge of my Life?
Emotion and Energy to Face Adversity.

November 4 & 18

Saying What I Think and Feel.
Assertiveness and Stress Busters.

December 2 & 16

Managing and Reducing Conflict.
Setting Healthy Boundaries.

January 6 & 20

Money and Career. Guest Speaker

February 3 & 17

Get Into Your Child's World.
Your Ex is not your Child's Ex.

March 2 & 16

Dating Advice for Singles. Guest Speaker.

April 6 & 20

Strengthening Your Support Network.
Booster Shots for Mom.

May 4 & 18

Further Resources for Solo Parents.
Closing Party and Sharing.



Join us for SPIN for Moms!

Anchorpoint is offering a wonderful new group...
SPIN (Single Parent Information Network).

- Get to know other moms!
- Talk about issues facing families like yours!
- Grow as we support and encourage one another in a warm, small group atmosphere!

Prepare Yourself to Be Empowered: Physically, Mentally and Spiritually!

For less than 2 hours of your time, you'll be treated to a free meal, great conversation, and homework help for your kids!

(No need to cook on SPIN nights! Your children are welcome to eat dinner at ACM also! Sign up early, space is limited.)

While moms attend the SPIN meeting, we will provide a homework and study area for children in K-12th grade.

* If you have a child enrolled in the Anchorpoint Tutoring Program, we can try to schedule his/her tutoring during the SPIN meeting. Indicate this special scheduling request on your registration form and we will try to accommodate your request.

To Register for SPIN refer to the registration form on the back of this brochure.