Anchorpoint Counseling Ministry's

Second Annual Golden Anchor Gala

Celebrating People of Hope in our Community



Thursday, October 23, 2014 LeMont Restaurant

Honoring

E. Alan Bates A Friend Who Brings Hope Trinity Jewelers
A Business That Brings Hope

The Molyneaux Family
A Family Who Brings Hope

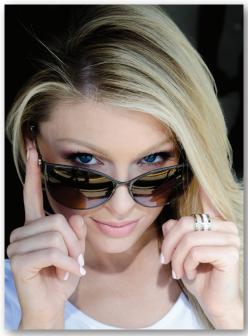
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Saturday@6:00

Mid-Week

Wednesday@ 6:45



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Anchorpoint Counseling Ministry 2014 Golden Anchor Gala



This Evening's Program

Cocktail Reception

Welcome

Master of Ceremonies, Kathy Emmons

Board President Remarks

Cindy Gilch

Invocation

Executive Director, Rev. Dr. Ron Barnes, LSW

Dinner

ACM's Impact on My Life

Presentation of Honorees *Cindy Gilch*

Auction Winners *Holly Joy Penzenstadler*





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We are grateful to those who made this evening possible.

Honorees

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Attendees

Kathy Emmons

LeMont Staff

Gala Committee

Holly Joy Penzenstadler — Chair Peter Borghetti • Sylvia Lynn • Aaron Mickens

Jim Ogle • Denise Patsko • Ron Pusic

Heather C. Stumpf

Board Members

Anchorpoint Staff



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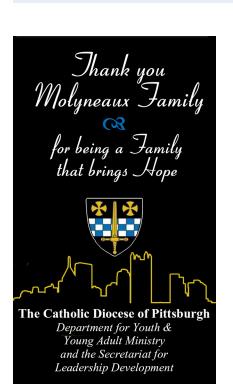
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Hope Auction

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2 tickets to the City Theatre, 2 tickets to the Pgh. Public Theatre, 2 tickets to Pgh. Cultural Trust, 4 tickets to the Pgh. Opera

Sharp Edge Beer Basket

Steeler Artwork

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I'm Hungry!

\$25 Gift Cards to Chipotle, Bravo's, Atria's, Panera, & Franklin Inn Mexican Restaurant plus a Bruster's Coupon Book

For the Office

\$50 Mt. Lebanon Gift Certificate, \$25 Home Depot Gift Card, \$60 Otterbox Gift Certificate, and a bottle of Scotch

Whine..."NO" I said, "Wine"!

6 Bottles of Assorted Wine

Rebecca

Trinity Jewelers "Rebecca" Two-Tone Bronze Necklace

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Board President Cindy Gilch

Dear Friends,

Welcome to our Second Annual Golden Anchor Gala. Tonight we will celebrate People of Hope in Our Community while gaining valuable resources for our counseling, tutoring and educational programs serving youth, individuals and families.

Your support this evening will enable ACM to expand counseling services and programs to even more individuals and families in need in the



community. Our subsidized counseling services will address a wide variety of personal issues, including anxiety, depression and drug and alcohol abuse, and we will continue our holistic approach to serving the entire family through marital counseling, tutoring programs and educational workshops and seminars. Building healthier youth and stronger families will ultimately shape brighter communities for tomorrow and rest assured that your financial and volunteer support will make a difference with ACM.

A special thank you this evening to the LeMont and our fabulous sponsors and contributors whose support makes The Golden Anchor Gala possible. We are also so proud to introduce to you tonight a Family, a Business, a Faith Community and a Friend that has provided invaluable hope and support to this organization throughout the years. Please take time this evening to read the program booklet and get to know our sponsors and special honorees.

Thanks also to our tireless Gala Committee chaired by Denise Patsko and Holly Penzenstader, our Executive Director and the staff who have been working for well over twelve months to bring the event to us this evening.

Please enjoy the evening, the food, the fellowship and the auctions while knowing your attendance will touch and shape the lives of others in your very own community.

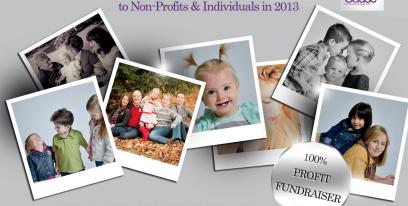
Sincerely,

Cindy Gilch

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Executive Director

Rev. Dr. Ron Barnes, LSW



People Need Hope

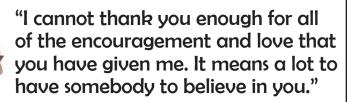
Our faith-based Anchorpoint Counseling Ministry believes that Christianity is a servant focused communal belief system. The need to serve others was instilled into Christianity by Jesus Christ and the life he lived on earth over 2,000 years ago. Service to others is our way of living hopeful lives and obeying Christ's teaching. Each of us here tonight can offer hope to others and this builds community. There are many stories of building hope as there are peo-

ple here tonight. We have selected four awardees and are privileged to honor them for all they contribute to our communities. Thank you for being here this evening. Your presence, support, and involvement is another Anchor of Hope.

Blessings in your everyday journey of this hope filled life we have been given.

Ron Barnes

Ron Barnes



- High School Student in Tutoring at ACM



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Golden Anchor Gala Chair Holly Joy Penzenstadler

Anchored in Hope

I lost a close college friend, Sarah, over the summer. The sadness was nearly overwhelming. We hadn't spoken in a couple of years. Life became busy. And then it just got busier. When Sarah died, it was sudden. It wasn't fair. It didn't make sense. I spent 13 ½ hours in the car with my college girlfriends, grieving, laughing, telling stories, and praying. 13½ hours together in our grief. 13½ hours apart from the world. 13½ hours connected with each other.



When the funeral was over, and the drive was forgotten, we each returned home to our loved ones. Meg, to her husband and children. Laura to her school and growing family. Me, to my fiancé and wedding plans. We got busy again. But there was something somehow different. There was a moment there where our lives had changed. There was a renewed hope in our shared sorrow. And it brought us peace.

All too often, people go at sorrow alone. All too often, people lose the connections with people for one reason or another. And, it's not always easy to find a way out of the "aloneness". Depression and anxiety become companions along the journey of "aloneness". Without an anchor of hope, I might have drifted far from the peace that I felt, and still feel, when I returned home from Sarah's funeral. I'm thankful for the girls that I traveled with, for helping to anchor this hope firmly into the grounding in my life. I'm thankful for the open arms and carefully listening ears of those who encouraged me to share about this life. I'm thankful for a faith that is rooted in the Word of God for those moments when hope is a struggle.

Anchorpoint Counseling Ministry is a place where hope lives. Anchorpoint Counseling Ministry is a refuge for the alone, hurting, sorrowful, afraid, overwhelmed. Having a home with Anchorpoint means that everyone who walks through these doors finds a place to be anchored in hope and renewed. Thank you to the honorees this evening, for being anchors of hope in our community. Thank you

for your witness of hope in our lives. You'll notice that these four categories reflect four pillars of our community—friendship, family, faith community, and honorable business. Being anchored in hope ties our entire community and region together, and we get to witness this tonight.

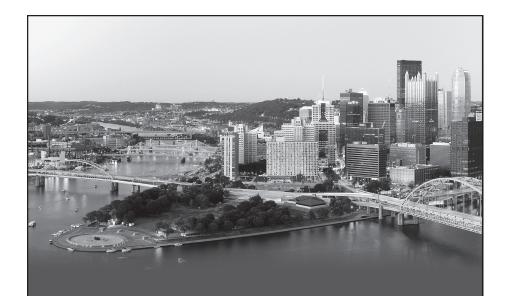
Sarah wrote a beautiful message to the world a few months before her sudden and untimely death. She wrote, "I love the symbol of the anchor for hope. It is very powerful. Hope is the virtue of having confidence in God's mercy that we will be in heaven with Him some day. When we have that hope, nothing in life can move us. We are anchored in God."

I can't help but have those words carved in my heart. I can't help but be anchored in hope.

Thank you for joining me here tonight, at the Golden Anchor Gala. Letthisanchor of hope be more than a moment, let it be come a movement.

Holly Joy Penzenstadler serves on the Board of Directors for Anchorpoint Counseling Ministry and is this year's Gala Chair. Holly Joy also serves the Catholic Diocese of Pittsburgh as Associate Director for the Department for Youth & Young Adult Ministry. In her "free time", Holly Joy is a freelance writer and speaker, and wedding planner. She's most excited about her coming nuptials with the handsome guy sitting next to her tonight.





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Master of Ceremonies Kathy Emmons

A native Pittsburgher, Kathy Emmons is the cohost of The Ride Home with John and Kathy, the afternoon drive talk program broadcast by 101.5 WORDfm in metropolitan Pittsburgh. Presented by Salem Communications, The Ride Home is at the forefront of faith-based radio, combining conversation, news, entertainment and learning, all within the framework of a Christian worldview. Kathy is also a re-



treat speaker, a conference leader, and an event host in the region.

Additionally, Kathy has served as Worship Leader and Music Director at Bellefield Presbyterian Church on the University of Pittsburgh campus since 1998. She holds a degree in Communications & Writing from the University of Pittsburgh, and in Interior Design from the Art Institute of Pittsburgh. Kathy loves sports, photography, reading, and slow Sundays with her family. She lives in Pittsburgh with her husband and two daughters.

We are happy to have Kathy emceeing tonight's event.

Thank you for the hope you bring to us and our clients in so many ways.

As each has received a gift, use it to serve one another, as good stewards of God's varied grace. -1 Peter 4:10

Thank YOU for your faithful friendship to ACM.

Your prayers, sacrifices of time, treasures and talents have enabled us to serve others in need of hope, love and healing in our communities. We and our clients have been greatly blessed by your kindness. We pray your partnership with us is a blessing to you as well.

Meet our 2014 Golden Anchor Gala Honorees



Alan,

"It's not the honors and the prizes and the fancy outsides of life that ultimately nourish our souls. It's the knowing that we can be trusted, that we never have to fear the truth, that the bedrock of our very being is firm."

"I hope you're proud of yourself for the times you've said "yes" when all it meant was extra work for you and was seemingly helpful only to somebody else."

-Fred Rogers

Enjoy this honor for all of the times you have extended your trust, said "yes" to so many, and through your "yes" have given them hope!

We love you! Your Family

A Friend Who Brings Us Hope Honoree: E. Alan Bates

For the past 44 of Alan Bates' 66 years, he has worked as a CPA, 39 of those 44 years as the founding partner in his own firm. Alan's career path began in his senior year in high school when he decided to follow in the



footsteps of his Uncle Harry. Uncle Harry had graduated from the Robert Morris School of Business and was an accountant. When asked by his father, why he made this decision, Alan responded that Uncle Harry was the only one in the family that had ever owned a new car... and Alan's affection for the motor vehicle has not waned!

Following his graduation from Franklin Regional High School, Alan worked three jobs while attending what were then known as Robert Morris and Point Park Colleges. With an accounting degree in hand, Alan was recruited by eight International Accounting firms. Deloitte Touche is where he began

what would turn out to be a successful and adventurous career in public accounting and entrepreneurial ventures into real estate, cattle breeding, cable television, drug testing, and a well-known restaurant.

The eldest of two children, Alan grew up in a then rural Murrysville, PA. He played baseball, football, and living 3 miles from civilization, he walked... A....LOT. It is also here that his love for gardening began. In addition to his passion for tomatoes, flowers and the Steelers, over the years Alan has enjoyed scuba diving, hunting, sky diving, softball, cooking, riding his Harley, sports cars, traveling and countless "adventures" with friends and family.

An entrepreneurial spirit started early for Alan, with creative fundraising skills such as selling fire crackers worth six dollars individually for ten cents apiece, netting a profit of \$122.00, selling greeting cards door to door, and yes even selling some used chewing gum! Amazing his parents with the money he made, his work ethic became cemented....work hard and do it well!!

Alan's creative ability to raise money came to good use in 2005 when he was recruited by Rev. Ron Barnes to head the Capital Campaign for North Hills Youth Ministry (NHYM), now Anchorpoint Counseling Ministries. Alan was thrilled to be a part of the campaign to raise the funds necessary to allow NHYM to double its office space. The need for the services offered by NHYM was evidenced by the organization outgrowing its original space and now fully utilizing the new space made possible by the \$600,000 raised during the capital campaign.

Alan has many monikers, he is...

... "Big Pap" to his 3 grandchildren

... "Dad" to his 6 children, one of which is following in his footsteps, Lauren is close to finishing her degree in accounting and looking forward to that first new car!

..."Husband" to Bonnie Brimmeier, they have enjoyed the past 16 years together

... "Accountant-Advisor" to clients whom he guides as if they are family

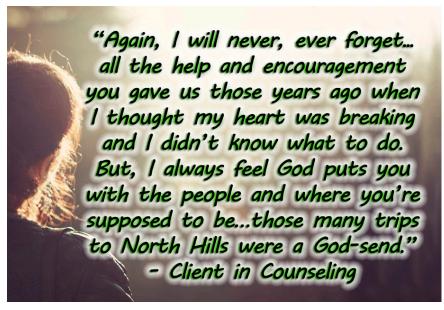
... "Friend" to so many with whom he has been blessed

... "Benefactor" to those to whom he can never say "no".

In addition to Anchorpoint being one of Alan's favorite charities, he has served on its executive board for 16 years, two as President. Alan is very proud of the accomplishments made by Anchorpoint which have turned his visions of HOPE for this organization into realties.

"The Bible in James 1:22 says that we should be doers of the Word, not hearers only. Alan is a doer," says ACM Executive Director, Ron Barnes.

We are honored to have the opportunity to recognize E. Alan Bates as a Friend who Inspires Hope.



A Family Who Brings Us Hope Honoree: Molyneaux Family Pat, Andrea, and Therese

"As the family goes, so goes the nation and so goes the whole world in which we live." — Pope John Paul II.

Andrea "Dre" and Pat Molyneaux don't just bring hope to the dinner table, celebrating life and modeling true discipleship with 6th grade daughter, Therese, but with every person they come in to contact.

Andrea has a Masters in Elementary Education and is currently a stay-at-home mom. Pat is the co-owner of Molvneaux Tile Carpet Wood, a chain of seven flooring stores. With a CPA and MBA. Pat worked at Mellon Bank earlier in his career and had his eye on Wall Street. He says, "I would have left Pittsburgh to work on Wall Street, but in March 1990, I met this beautiful Pittsburgh girl named Andrea Risko on the top floor of Froggy's Bar." Dre stole his heart. He staved here and eventually went into the flooring business. It was a small mom and pop store at the time, but they grew it 700%. Pat continues, "Meeting Andrea was an act of God's mercy in my life. Wall Street



would not have been good for my soul, so God put me in the flooring business which is a very tough business. I would frequently be on my knees (pun intended) praying."

Pat and Dre celebrated nearly ten years of marriage, wondering what the Lord had in store for them before receiving the great gift of Therese, and at times, had their faith shaken, nearly leaving their Catholic church. Through wonderful friendships, Pat and Dre were led back by Evangelical Christians at a small church called Berean Full Gospel. It was through them that they learned to pray and hope in the Lord in very real ways.

In the late 90's, they felt compelled to move into mission. "After that it was truly a whirlwind of how the Lord put all of these awesome mentors in our path to train us and then we did missions overseas with Ralph Martin and Peter Herbeck from Renewal Ministries..... And as I look back, I

realize that it was a prophecy that we would be evangelizing both men and women to develop a relationship with Jesus," says Dre.

Pat shares, "Fifteen years ago we did mission work in Africa and Eastern Europe which helped form us, but today our mission work is ideally wherever we are, that could be in the marketplace, in the community, or in the church."

He adds, "I believe that if we can wake up the sleeping giant of the 75 million strong Catholic church – who all have one "senior pastor" who is also a "reformer" – Pope Francis – we can win this country once again for Jesus. That is what gives me hope." Pat put his passion into purpose, and invited other men to place their hope in Jesus by helping to get the Catholic Men's Fellowship off the ground in Pittsburgh.

The fruit of Pat and Dre's love of God and each other is so present in their beautiful 6th grade daughter, Therese. In addition to seeing her parents in mission together, Therese is part of a family that prays together, but in specific ways. For example, the Molyneuxs pray especially for kids in Therese's class who have been mean to her. Elementary and "tween" years can be tough but Therese handles it with grace. Many times when others have been mean to her, she has done really wonderful acts of kindness. Right after an incident on a recent field trip, Therese gave the offending girl money to buy something at a gift shop. Her parents say that she has so much love in her heart, that the Lord gives her the grace to do these little acts of kindness to help a person feel loved. At this early age, Therese knows what it is to forgive and still love a person who has hurt you.

Pat and Dre lovingly balance family (caring not only for their child but aging parents), ministry, work, church, and friends. They commit themselves to unifying their community through their witness as a family bringing hope. They enjoy the friendships of people of faith from many denominations. The Molyneauxs are particularly excited about Pope Francis, and are using something he said as a family mission statement of sorts: "There is no greater gift we can give to anybody than to know Jesus...... That we have encountered him, is the best thing that has ever happened in our lives, and making him known by our deeds and our words, is our greatest joy."

ACM board member, Holly Joy Penzenstadler, says of this family, "As I prepare for marriage with the hopes of starting a family, I look at families like the Molyneauxs: Pat, Dre, and Therese. They give me hope! Seeing the commitment of husband and wife to God first, and then to each other and witnessing first hand all the good things that flows through them brings me, and our community, great hope in an age where the family often struggles in many ways. Pat, Dre, and Therese live for God and for each other, and they generously share everything they have with whomever is before them—whether it be at dinner, their prayer, their journey, their experience, or material goods. The Molyneaux family shows us what bringing hope looks like."

Holly Joy adds, "The Molyneaux family celebrates what matters most in life, the gift that we may give of ourselves, the gift which offers true hope found in Christ Jesus. Congratulations, Molyneaux family, on receiving this honor. May the God who made you abide in you and with you always."

We are honored to have the opportunity to recognize the Molyneaux Family as a Family who Inspires Hope.

5 Parenting Tips

-Avoid Overindulgence -

Raise likeable, self-sufficient and respectful children.
A program for parents of 4-12 year olds



Sunday, November 9th 6:30 - 8:00 pm

Elfinwild Presbyterian Church 3200 Mt. Royal Blvd. Glenshaw, PA

The hard truth is that when parents overindulge, they can undermine their children's competence and confidence. In this workshop, learn about the 3 ways overindulgence occurs, the hazards of overindulgence and how you can turn things around if you see a pattern in your family.

Presented by Anchorpoint Counseling Ministry's Parent Education Coordinator, Joan Schenker. Joan has over 20 years experience as a counselor, teacher, and mother of two sons.

To register for this workshop, call 412-486-5400 or email jeanine@elfinwildchurch.org



800 McKnight Park Drive, Ste. 802 Pittsburgh, PA 15237 • 412 366-1300 anchorpointcounselingministry.org

Congratulations to the 2014 Golden Anchor Gala Honorees

E. Alan Bates

The Molyneaux Family

Trinity Jewelers

St. Paul's United Methodist Church

Thank you for Inspiring Hope!

A Faith Community that Brings Us Hope St. Paul's United Methodist Church Represented by Teresa Shepard

St. Paul's United Methodist Church is a welcoming community of faith where all are encouraged to discover, discern and use their spiritual gifts to transform the world for Jesus Christ. Over the past 47 years this simple mission statement has come to life every day at St. Paul's as they serve the community through children, youth and adult ministries.

Children from 6 weeks to 5 year-olds are nurtured in a week-day children's ministries by a compassionate Drop-in child Care staff. The NAYEC accred-

ST-PAULS
United Methodist Church

ited Preschool provides exceptional preparation for school for 2-5 year-olds. The before and after-school ministry, Kidz Korner, focuses on caring for school-aged students when they are not in school and provides an afternoon kindergarten enrichment class for children who attend morning kindergarten. Children participate on Wednesday evenings in Bridge Builders, a chance to see the ways faith and live intersect.

The youth ministry wants students in grades 6-12 to know the love of God, so they can share the love of God and then be the love of God to others. Through their Sunday morning Anchor class to their MIDHI or SRHI Crew, the students are busy learning and experiencing the ways they can be the hands and feet of Christ to others. A week-long work camp is the highlight of year when 45-50 students and adults travel to serve others by repairing house damage cause by natural disasters. Worship arts is a weekly event that



encourages students to use their creativity to express their faith. St. Paul's students represent eight school districts and several private schools

Mission outreach at St. Paul's encourages every age to get involved in serving others. The No Mission Impossible Club helps 3-5th

graders find exciting places to serve. From planning a Halloween party at Grace Manor to gleaning vegetables for the Food Bank, the kids learn early how to help others. Adults model community service by helping to build ramps on houses, replacing roofs, or traveling to a national disaster area to serve. The Creative Hands ministry makes blankets, knitted items, and other hand-made crafts for use in local ministries as well as internationally in Zimbabwe. St. Paul's has sent mission teams to Haiti and Zimbabwe to help find ways to improve lives; both the giver and the receiver are impacted by the exchange of ideas and faith.

Five worship services throughout the week provide a wide variety of ways to honor God. Inspiring music is a cornerstone of Sunday morning services. Youth-led service on Wednesday evenings gives everyone a chance to see God in new ways. Sunday morning classes are offered for all ages. St. Paul's is convinced the future is in Christ as they strive to become a broad-based community of faith ministering to all.

St. Paul's has been a great blessing a key supporter of Anchorpoint for over thirty years not only financially but through hands on service. Members have filled key board, staff administration, and volunteer roles.

"The church must spiritually nurture its people in order for them to be equip as missionaries for outreach," says ACM Executive Director Ron Barnes. He continues, "St. Paul's is an inwardly and outwardly balanced church. Their commitment to spiritually nature those within their walls, shows in the blessing they are not only to Anchorpoint but our whole local community."

We are honored to have the opportunity to recognize St. Paul's United Methodist Church as a Faith Community that Inspires Hope.

"I was going through a very difficult and confusing time, and would not have been able to afford to go to a counselor for help if it wasn't for Anchorpoint. There are many people who are in this same position. This service is invaluable." - Client in Counseling



A Business that Brings Us Hope Trinity Jewelers Represented by Mark Helgerman

"The test of the artist does not lie in the will with which he goes to work, but in the excellence of the work he produces." --Thomas Aquinas

Trinity Jewelers is truly a hope inspiring business. This company's excellence shines through the quality of their products, their customer service, and their commitment to their staff and community.

This family-owned and operated business is led by Mark Helgerman who was born into the jewelry business. His father,

Richard, was one of the premier diamond setters in the Pittsburgh area, if not the country. Mark fondly remembers sitting at his father's bench when he was a child, pretending to set diamonds and create jewelry just



like his father. After high school, Mark explored some other job opportunities, but jewelry was always in the back of his mind. In 1985, Mark finally recognized his calling and began his career in the jewelry industry. He learned diamond setting from his father and he became an apprentice to one of Pittsburgh's top goldsmiths of the day. He worked with his father setting dia-

monds for many of the major jewelry retailers and wholesalers around the Pittsburgh area and beyond. In 1992, Mark married his wonderful wife,

Patti, and four years later, in 1996, God blessed them with triplets! It was after this event, that Mark felt led to establish Trinity Jewelers. After searching all over the Pittsburgh area, Mark found the ideal location: an historic one-room school house along Mt. Nebo Road. Trinity Jewelers officially began on January 1, 1998.

Trinity Jewelers is one of a few



stores where all the work is done in-house by four highly skilled craftsmen along with a dedicated front of the house staff. Mark's desire was to bring integrity back to the jewelry industry, and founded his company based on the goal of being the local, trustworthy, craftsman jeweler that displays a level of uncompromising quality and craftsmanship. Talk with any of his customers and you find that he has accomplished this goal. Colossians 3:23 says, "Whatever you do, work heartily, as for the Lord." Trinity Jewelers has helped the community celebrate the special moments in life from engagements to anniversaries and everything in between with this uncompromising excellence.

When you purchase from Trinity Jewelers you become part of their family. All are welcome and this hospitable atmosphere is important to Mark. He says that his staff has a lot of fun together and the customers can feel it. The Trinity team is known to take turns cooking for each other



at the store and in fact, one of their veteran craftsman (over 36 years of experience!), John Kiselica, will be happy to share recipes with you if you catch him out on the floor.

"My experience with Trinity has been nothing but positive. Our two businesses are located near each other so I have had the

opportunity of seeing them at the Inn occasionally and I've worked with them on a few joint marketing ventures," says Wendy Cibula, ACM staff member and owner of the Franklin Inn Mexican Restaurant. "My husband has also made me several delightful purchases from Trinity over the years. The staff is wonderful. Always helpful. Always welcoming and kind." Wendy goes on to say that she nominated Trinity Jewelers because aside

from their generosity to Anchorpoint, Glimmer of Hope and others, "their spiritual light shines brighter than their beautiful diamonds." She says that they are a wonderful example to other business owners. "You can make a living for your family while bringing honor to God through your business practices," Wendy adds. With good reason,



Trinity Jewelers is well respected in the Tri-State area by customers and other jewelers alike

We are honored to have the opportunity to recognize Trinity Jewelers as a Business that Inspires Hope.

About Anchorpoint Counseling Ministry

"God has saved me from myself and profoundly changed my life several times. Among these was the day I met Keith Brown, founder

of NHYMCC [now Anchorpoint]. His "coffee house" for teenagers was a fledgling youth ministry at the time. Imagine my surprise when, 40 years later, upon moving back to "the burgh," Anchorpoint was referred to me as an excellent counseling and tutoring resource. I had not known of the coffee house's



fate—I learned how it is now touching so many lives, both kids and adults. Better yet, the referral was right on. I can't praise enough the personal counseling I've received, and the tutoring program goes way beyond others I've tried. The staff took a dedicated, personal interest in my daughter's circumstances by working closely with me and her teachers. They related to her individual personality to make her experience a positive one, and have created an atmosphere of praise and fun for the kids. The amazing growth, longevity, and the many ways the organization now lifts up the community it serves is testament to God's work and to the dedication and compassion of the staff." – Denise Moorehouse, Client







Anchorpoint Counseling Ministry (ACM), established in 1966, has grown to encompass the needs of individuals of all ages. We are unique in our approach to strengthen family life by offering a holistic approach that includes the integration of emotional, relational, and spiritual healing through individual and family counseling, parent education and prevention programs and a tutoring/mentoring program.

North Hills Area churches created Anchorpoint Counseling Minis-

try (formerly the North Hills Youth Ministry Counseling Center) as a non-denominational outreach ministry to teens. Moving from this emphasis on teens, in 1982, the ministry began working with parents, the primary influence determining the health and well-being of the family.

Today, Anchorpoint Counseling Ministry is a Healing and Educa-

tional Ministry Providing:

• **Professional counseling services**—We conduct an average of 3,000+ counseling sessions annually. On average, 40% of our clients pay according to a sliding scale fee based on annual income. No one is denied service due to financial constraints. Counseling services include: crisis intervention, elementary-age intervention, family, marital, couple, individual, adult, young adult, and teen.

Issues we address include: anger management, anxiety, bullying, depression, drug and alcohol abuse, eating disorders, family conflict, financial problems, grief support, loneliness and alienation, over indulgence, parenting skills, peer pressure, physical and emotional abuse, school problems, separation and divorce, single parenting, and stress.

We continue to integrate emotional healing with spiritual healing and attempt to bring the life-changing message of Christ and the resources of faith into the counseling room with many of our clients. However, there are always clients who do not wish to incorporate spiritual concerns into their counseling and we respect their boundaries.

- Parenting education classes and workshops on a variety of workshops throughout the community for parents on specific child-rearing themes, presentations on family issues, and leadership training seminars. In 2012 we introduced Parent Coaching as well.
- Tutoring/mentoring (Youth Development Program) Reducing the risks facing children is a great challenge. Our Youth Development Program, opened in 2001, has continued to grow and thrive with promising results. The counseling program focuses on improving emotional, relational, and spiritual health of its young clients and strives to restore effective communication within their families. The tutoring/mentoring component seeks to increase the self-worth and academic achievements of at-risk youth and focuses on helping these youth achieve success in terms of completing homework, studying for tests, improving grades, strengthening their overall study skills, and fulfilling other curriculum requirements.
- Master's level Clinical Internship program. ACM is committed to training future therapists who have a desire to integrate the resources of religious faith into their counseling with clients. In 1985, we expanded our level of community services by welcoming interns from various colleges and universities pursuing Master's level degrees in counseling and social work. Students are provided the opportunity to develop their counseling skills under the direct supervision of our diverse and talented staff.

Michael J. Korch, D.M.D.



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Your participation today has enabled Anchorpoint to continue to serve our community. We look forward to our 49th year of service because of your generosity.

Building hope and understanding through faith-based counseling and support services for youth, adults, couples, and families in our communities.



"We have this hope as an anchor for the soul, firm and secure."
—Hebrews 6:19

SALUTING anchorpoint COUNSELING MINISTRY.

...and the Golden Anchor Gala.

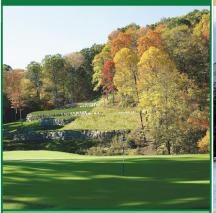
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